

Essence: Sweet children, you should not have love for perishable bodies. Only have love for the one bodiless One. Even whilst seeing someone's body, do not see it.

Question: What effort is required to make your intellect clean? What is the sign of a clean intellect?

Answer: Only by becoming soul conscious will your intellect become clean. Such soul-conscious children consider themselves to be souls and have love for the one Father alone. They only listen to the Father. However, those who have foolish intellects have love for bodies; they continue to decorate their bodies.

Om shanti. Who said "Om shanti" and who heard it? In other satsangs it is the followers who hear it. They would say that the mahatma or the guru said it, but, here, you would say that the Supreme Soul said it and that the souls heard it. This is something new, is it not? You have to become soul conscious. Some of you sit here in body consciousness. You children have to sit here in soul consciousness. I, the soul, am present in this body. Shiv Baba is explaining to us. Let your intellects remember this very clearly. I, the soul, have a *connection* with the Supreme Soul. The Supreme Soul comes and speaks to us through this body. Therefore, this one has become the agent. That One is the one explaining to you. He gives an inheritance to this one, too; therefore your intellects should go to Him. For instance, if a father has five to seven children, their intellects' yoga would remain with their father, would it not? That is because they receive an inheritance from him. An inheritance isn't received from a brother; an inheritance is always received from the father. A soul does not receive an inheritance from a soul. You know that, as souls, we are all brothers. The *connection* of all of us souls is with the one Supreme Father, the Supreme Soul. He says: Constantly remember Me alone. Have love for Me alone. Do not have love for the creation. Become soul conscious! When you remember any bodily being rather than Me, it is called body consciousness. Although this bodily being is in front of you, you must not see him. Only the remembrance of that One should be in your intellect. Those people say, simply for the sake of saying it, that all are brothers. You now know that we are souls, children of the Supreme Father, the Supreme Soul. You receive an inheritance from the Father, the Supreme Soul. That Father says: Your *love* should be for Me alone. I, Myself, come and engage you souls to Me. This engagement is not to a bodily being. All other relationships here are with bodies. At this time, you have to become soul conscious: I, the soul, am listening to the Father. Therefore, your intellects should be drawn to that Father. The Father sits beside this one and gives us *knowledge*. He has taken this body on *loan*. The soul enters the house, that is, this body, and plays a *part*; it is as though the soul puts himself *under house arrest* in order to play a *part*. He is *free*, but he enters a body, locks himself in this house and plays his *part*. It is the soul that leaves one body and takes another to play his *part*. At the present time, to the extent that you remain soul conscious, so you will accordingly claim a high status. You should not have even the slightest love for Baba's body. This body is of no use. I enter this body just to explain to you. This foreign land is the kingdom of Ravan. People burn an effigy of Ravan but, neither do they understand anything about that, nor do they know anything about the images they create. Their intellects are totally foolish. Everyone's intellect becomes totally foolish in the kingdom of Ravan. There is body consciousness, is there not? Intellects have become degraded. The Father says: Those who have foolish intellects will continue to remember bodies and have love for bodily beings. Those with clean intellects, whilst considering themselves to be souls, will remember the Supreme Soul and continue to listen to Him. Only in this is there effort. This body is the Father's chariot. Many fall in love with this body. Similarly, the horse of Hussein is decorated so much, but the praise is of Hussein, is it not? It is not of the horse. The Hussein soul would definitely have entered a human body, would he not? They don't understand these things. This is called the imperishable sacrificial fire of the knowledge of Rudra in which the horse is sacrificed in order to attain self-sovereignty. Hearing the name "ashwa" (horse), they understood it literally to be a horse. They sacrifice a horse. All of those stories belong to the path of devotion. The One who is now making you beautiful is this Traveller, is it not? You now know that we were beautiful previously and that we have now become ugly. Each soul who comes is satopradhan at first and then goes through the stages of sato, rajo and tamo. The Father comes and makes everyone beautiful. All souls who come to establish a religion are beautiful at first. Afterwards, they become ugly by sitting on the pyre of lust. Souls are beautiful at first and then they become ugly. This soul comes first as *number one* and so he is the most beautiful. No one else can be as *naturally* beautiful as Lakshmi and Narayan are. This is a matter of knowledge. *Christians* are fairer than the people of Bharat because they live in cooler climates. However, there is *natural beauty* in the golden age. Both souls and bodies are beautiful there. At this time, everyone is impure and ugly. The Father comes to make everyone beautiful. At first they are satopradhan and pure. Then, whilst coming

down, they gradually become ugly by sitting on the pyre of lust. The Father has now come to make all souls pure. It is only by remembering the Father that you will become pure. Therefore, you must only remember the One. Do not love bodily beings. Keep it in your intellects that you belong to the one Father and that He is everything for you. Everything that you see with your eyes is going to be destroyed. Even your eyes will be finished. The Supreme Father, the Supreme Soul, is called Trinetri (One with three eyes). He has the third eye of knowledge. That One has received all these *titles*: Trinetri, Trikaldarshi and Trilokinath. You now have the knowledge of all three worlds. This will then disappear. The One who has this knowledge comes and gives it to you. The Father sits here and gives you the knowledge of your 84 births. The Father says: Consider yourself to be a soul. I have come and entered this body in order to make you pure. Only by remembering Me will you become pure. If you remember anyone else you will not be able to become satopradhan. It is said of those whose sins are not absolved, "Those whose intellects have no love at the time of destruction are led to destruction." People have a lot of blind faith. They have attachment to bodily beings. You now have to become soul conscious. Have attachment to the One alone. If you have attachment to anyone else, it means that you have an intellect that has no love for the Father. The Father says so many times: Only remember Me, your Father! Only in this is there effort. You even called out: Come and make us impure ones pure! Only the Father makes you pure. Only the Father explains the *history* and *geography* of 84 births to you children. That is easy, is it not? The most *difficult subject* is remembrance. No one is clever in having yoga with the Father. The children who are not clever in remembrance are like pundits. No matter how clever someone is in knowledge, if he does not stay in remembrance, he is a pundit. Baba tells you the story of the pundit. Those who heard what the pundit said were able to go across in remembrance of the Supreme Soul. Even the example of the pundit applies to you: Remember the Father and you will be able to go across. Just by being good with the murli will not enable you to go across. Without having remembrance, your sins cannot be absolved. All of these examples have been created. The Father sits here and explains their accurate meanings to you. They had faith; they simply held on to the fact that they would be able to go across by remembering the Supreme Soul. If you only have knowledge and no yoga, you cannot claim a high status. There are many who do not stay in remembrance. The main thing is remembrance. There are many who do very good *service*, but if their intellects' yoga is not accurate, they become trapped. Someone who has yoga would not become trapped in body consciousness and would not have impure thoughts. Storms will come to those who are weak in remembrance. The physical senses are completely controlled by yoga. The Father also gives you an intellect to understand what is *right* and what is *wrong*. When your intellect goes to the bodies of others, it has no love for the Father and leads you to destruction. Knowledge is distinct from yoga. You receive *health* through yoga and *wealth* through knowledge. By having yoga, the lifespan of your body increases. Souls do not become smaller or larger. The soul would say that the lifespan of his body increases. The lifespan is now short. Then, for half a cycle, the lifespan of the body becomes long. We will become satopradhan from tamopradhan. Souls become pure; everything depends on making the soul pure. If you don't become pure, you cannot claim a status. Maya makes children lazy in keeping a *chart*. You children should be very interested in keeping a *chart* of your pilgrimage of remembrance. Check: Am I remembering the Father or is my intellect drawn to friends and relatives? In whose remembrance did I stay throughout the whole day? For whom did I have love? How much *time* did I *waste*? Keep a *chart* of yourself. However, no one has the strength to keep a *chart regularly*. Hardly any of you can keep it. Maya does not allow you to maintain your *chart* fully. She makes you completely lazy and destroys your alertness. The Father says: Constantly remember Me alone. I am the Beloved of all you lovers. Therefore, all of you lovers must remember Me, must you not? The Father, the Beloved, says: You have been remembering Me for half a cycle. I am now telling you to remember Me so that your sins can be absolved. You should remember so much such a Father who gives you so much happiness! Everyone else causes sorrow. They will not be of any use. At the end, only the Father, the Supreme Soul, will be of use. There are the limited and the unlimited final moments. The Father says: By continuing to remember Me very well, you will not have untimely death. I am making you immortal. However, first of all, your intellects must be full of love for the Father. If you have love for anyone's body you will fall and *fail*. You will become part of the moon dynasty. The golden-aged sun-dynasty kingdom is called heaven. The silver age is not called heaven. Similarly, there are the copper and iron ages. The iron age is called extreme tamopradhan hell. The copper age is not so tamopradhan. In order to become satopradhan from tamopradhan, you have to have remembrance. When you have love for a particular person and think that you cannot benefit without that

one's support, you can understand for yourself what would happen if you left your body in such a state. Everything is destroyed for those whose intellects have no love at the time of destruction. They claim a status worth dust! Nowadays, even being *fashionable* causes problems. People make their bodies *tip-top* in order to attract others. The Father now says: Children, do not become trapped in anyone's name or form. Just look how *royal* the clothes of Lakshmi and Narayan are. That is the Temple of Shiva and this is called a brothel. Devotees go in front of the deity idols and say: We are residents of this brothel. Nowadays, *fashion* is such a problem that everyone's attention is drawn to the fashionable ones, who are then kidnapped. In the golden age everyone behaves and acts according to the law. There is *natural beauty* there. There is no question of blind faith. Here, people's hearts are drawn to one another simply by looking at each other. Then they also marry someone of another religion. You now have Godly intellects. No one except the Father can change you from those with stone intellects into those with divine intellects. That is Ravan's community. You now belong to Rama's community. The Pandavas and Kauravas belong to the same community, but the Yadavas are Europeans. No one can understand from the Gita that the Yadavas are *Europeans*. They say that the Yadava community is also here. The Father sits here and explains: The Yadavas are the *Europeans* who create those missiles etc. for their own destruction. The Pandavas gain victory; they become the masters of heaven. Only the Supreme Soul comes and establishes heaven. It says in the scripture that the Pandavas melted. What happened then? They have no understanding. They have stone intellects. No one understands the secrets of the *drama*, even a little. When children come to meet Baba, Baba says: You may wear jewellery etc. Children say: Baba, it doesn't seem right to wear jewellery here. How could jewellery look right on the impure body of an impure soul? There, you will remain decorated with jewellery etc. There is limitless wealth there. There is nothing but happiness for everyone. Although they are aware of that one being the king and that they are part of the subjects, there is no question of sorrow. Here, when people do not receive food etc. they experience sorrow. There, you receive everything. The word "sorrow" never emerges from anyone's mouth there. The very name is heaven. *Europeans* call it *Paradise*. They believe that *gods* and *goddesses* lived there. This is why they buy so many of their images. Nevertheless, where did that heaven go? No one knows this. You now know how this cycle turns. The world changes from old to new and new to old. A lot of effort is required to become soul conscious. When you become soul conscious, you will be liberated from all of these innumerable illnesses. By remembering the Father, you will claim a high status. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Never make any bodily being your support. Do not have love for anyone's body. The love of the heart must only be for the one Father. Never become trapped in anyone's name or form.
2. Be interested in keeping your *chart* of remembrance. Do not become lazy in this. Check your *chart* to see: Is my intellect drawn towards? How much *time* am I *wasting*? For how long am I remembering the Father who gives me happiness?

Blessing: May you be an image that grants visions and your forehead give a glimpse of the sparkle of contentment.

The sparkle of contentment is constantly sparkling on the foreheads of those who are constantly content. If unhappy souls see such a soul, they also become happy and their unhappiness finishes. Everyone is automatically attracted to those who have the treasure of the happiness of contentment. Their happy faces become living *boards* that give the introduction of the One who made them like that. Become such jewels of contentment who remain content and make others content and through whom many will have visions.

Slogan: It is the duty of those who hurt others to hurt others and your duty is to save yourself.

*** OM SHANTI ***