

**Essence:** Sweet children, this knowledge makes you cool. This knowledge finishes the fires of lust and anger. Such fires cannot be finished by performing devotion.

**Question:** What main effort do you have to make to have remembrance?

**Answer:** At the time of sitting in remembrance of the Father, not even your own body should be remembered. Be soul conscious and remember the Father. This is the effort you have to make. It is in this that there are obstacles, because you have been body conscious for half a cycle. Devotion means remembering the body.

Om shanti. You children know that solitude is absolutely necessary for remembrance. You cannot stay in remembrance of the Father in a crowd as much as you can in silence and solitude. When children study in a school, they *study* in solitude. Here, too, you need solitude. Even when you go touring around, the pilgrimage of remembrance is the main thing. Study is very easy. For half a cycle, since the beginning of the kingdom of Maya, you have been body conscious. The first enemy is body consciousness. Instead of remembering the Father, you remember the body. That is called arrogance of the body. Here, you children are told to become soul conscious. Effort is required only for this. You have now been liberated from devotion. Devotion is performed through the body. You have to take your body to pilgrimage places etc. You go to have a glimpse, to do this and to do that. The body has to go. Here, your only thought is that you are a soul and that you have to remember the Supreme Father, the Supreme Soul. To the extent that you remember Baba, accordingly, your sins will be cut away. Your sins can never be cut away on the path of devotion. An elderly person would have the concern that if he didn't perform devotion, there would be a great loss and he would become an atheist. It is as though there is fire in devotion and coolness in knowledge. The fires of lust and anger are finished by this. On the path of devotion, people have such devotional feelings that they continue to make effort. For instance, they may go to Badrinath and have a vision; what happens then? They would have that pure feeling and not keep anyone but Badrinath (Lord who transforms) in their intellects. Previously, they would go on foot. The Father says: I fulfil their desires for a temporary period. I grant them a vision, but I do not meet them through that. They cannot receive this inheritance without Me. Only from Me do you claim this inheritance. All of those are bodily beings. You only receive this inheritance from the Father, the Creator, whereas all the rest, whether living or non-living, are the creation. You cannot receive the inheritance from the creation. Only the Father is the Purifier. Kumaris have to be very cautious about being influenced by bad company. The Father says: By becoming impure, you receive sorrow from the beginning, through the middle until the end. At present all are impure. You now have to become pure. The incorporeal Father comes and teaches you. Don't ever think that it is Brahma who is teaching you. Everyone's intellect should go towards Shiv Baba. Shiv Baba is teaching us through this one. It is Shiv Baba who teaches even you Dadis. What hospitality will you offer Him? You bring grapes and mangoes for Shiv Baba, but Shiv Baba says: I am the One who is beyond experiencing. Everything is for you children. Devotees offer bhog and then they distribute it amongst themselves and eat it. I do not eat it. The Father says: I come to teach you children and make you pure. After you have become pure, you claim such a high status. This is My business. They speak of the versions of God Shiva. They don't speak of the versions of God Brahma. They do not say: Brahma speaks. Even though this one may be conducting the murli, always consider it to be Shiv Baba who is conducting the murli. Baba understands when someone will be shot by an arrow very well, and so He enters the one who is speaking. The arrow of knowledge is said to be very sharp. There is so much power in *science*. There are so many *bomb* blasts etc. You stay in so much *silence*. You attain victory over *science* through *silence*. You purify this world, but you first have to purify yourselves. According to the *drama*, you have to become pure. This is why destruction is fixed. You have to remain very cheerful by understanding the *drama*. We now have to go to the land of peace. The Father says: That is your home; you should go to your home in great happiness. You have to make a lot of effort to become soul conscious in this. Baba emphasises this pilgrimage of remembrance. Only in this is there effort. The Father asks: Is it easy to remember whilst walking and moving around or whilst sitting in one place? People on the path of devotion sit and turn the beads of a rosary so much. They also continue to chant "Rama, Rama", but there is no benefit in that. The Father tells you children very easy methods. When you are preparing food or whatever else you are doing, stay in remembrance of the Father. On the path of devotion, when they prepare bhog at Shrinath, they put a bandage over their mouths so that there isn't the slightest noise. That is the path of devotion. You have to remember the Father. Those people prepare bhog but no one eats that; it's only the family of the guide who eat it. Here, you know that it is Shiv Baba who is teaching you. On the path of devotion, they don't consider

it to be Shiv Baba who is teaching them. Although they have created the Shiv Purana (scripture), they have mixed Shiva and Parvati and Shiva and Shankar in that. There is no benefit in studying that. Each one has to study his own scripture. The people of Bharat have the Gita and the *Christians* have only the one Bible. The scripture of the deities is the Gita. There is *knowledge* in that. It is only *knowledge* that is studied. You have to study *knowledge*. You do not have anything to do with the books that mention anything about battles. We are the ones with the power of yoga, and so why should we listen to the things of those who have physical power? In fact, you cannot even have a battle; you conquer the five vices with the power of yoga. Your battle is with the five vices. There, it is human beings who fight human beings, whereas you fight your own vices. Sannyasis cannot explain these things. You are not taught to do *drill* etc. You only have the one *drill*. Yours is the power of yoga. You conquer the five vices with the power of yoga. Those five vices are your enemies, and, out of those, body consciousness is *number one*. The Father says: You are a soul. You, the soul, come down here and enter a womb, whereas I become present in this body. I do not enter a womb. In the golden age, you stay in the palace of a womb and then, in the kingdom of Ravan, you go into the *jail* of a womb, whereas I simply incarnate. This is known as a divine birth. According to the *drama*, I have to enter this one and I name him Brahma. I name him Brahma because he belongs to Me. When children are *adopted*, they are given such beautiful names. You were also given very good names. There was a *wonderful list* of names that came through the trance messenger. Baba does not remember all the names. There is no connection with the names. Names are only given to the bodies. The Father now says: Consider yourselves to be souls and remember the Father, that's all! You know that you are becoming worthy of worship deities and that you will then rule. Then, on the path of devotion, there will only be your images. Many images of the deities are created. Souls too are worshipped: they create saligrams out of clay and then break them up at night. They decorate the images of the deities, worship them and then sink them in the ocean. The Father says: They even create My image and feed it, and then they say that I am in the pebbles and stones! They have degraded Me the most. You have become so poor. It's only poor ones who then claim a high status. Wealthy ones are scarcely able to take this knowledge. What would Baba do by taking so much from wealthy ones? Here, everything is created through every drop of the children. They say: "Baba, put one brick in my name", and they think that, in *return*, they will receive palaces of gold and silver. There is plenty of gold there; there will be bricks of gold. Therefore, buildings will be built of it. So, the Father says with a lot of love: Sweet, sweet children, you must now remember Me; the play is now coming to an end. The Father gives methods to the poor children to make them wealthy: Sweet children, whatever you have, *transfer* all of it. Nothing will remain here. Whatever you *transfer* from here, you will receive that one hundred-fold in the new world. Baba doesn't ask you for anything. He is the Bestower. He is simply telling you a method. Everything here is to turn to dust. If you *transfer* something, you will receive it in the new world. It is now time for destruction of this old world. Nothing of this will be useful. This is why Baba says: Open a *university-cum-hospital* in every home through which you receive *health* and *wealth*. This is the main thing. Achcha.

### Night class – 12/01/69

You poor and ordinary mothers make effort at this time and claim a high status. In the yagya, it is the mothers who help a lot whereas very few men become helpers. Mothers do not have the intoxication of becoming heirs. They (women) continue to sow the seeds and continue to create their own lives.

Your knowledge is accurate and then there is devotion. The spiritual Father alone comes and gives you this knowledge. If you consider the Father to be your Father, you would definitely claim your inheritance from Him. The Father continues to inspire you to make effort and continues to explain to you. Do not *waste* your *time*. The Father knows that some are good effort-makers, some are *medium* level and others are *third* level. If you were to ask Baba, Baba would instantly tell you whether you are *first*, *second* or *third*. If you don't give knowledge to anyone, you are *third class*. If you don't give the proof, Baba would definitely tell you. The knowledge that God comes and teaches you then disappears. No one knows this. According to the *drama plan*, that is the path of devotion and no one can reach Me through that or go to the golden age. You children are now making effort. According to the previous cycle, however much effort each of you made, you continue to do the same. The Father can understand which children are benefitting themselves. The Father says: Come and sit in front of the picture of Lakshmi and Narayan every day. Baba, by following Your shrimat, we will definitely claim this inheritance. You definitely need to have the keen interest to

make others the same as yourselves. I even write to those at the *centres*: You have been studying for this many years, and if you are unable to teach others, what have you studied? You children should make progress. Throughout the day there should be thoughts of *service* in your intellects.

You are in the stage of retirement, are you not? There are ashrams of those who are in the stage of retirement. You should go to those who have retired. Tell them the aim before they die. How will your soul go beyond sound? Impure souls cannot go there. God speaks: Constantly remember Me alone and you will go into retirement, the land beyond sound. There is a lot of *service* that can be done in Benares too. So many sages live there in order to reside at Kashi. Throughout the day, they continue to say: Shiv Kashi Vishwanath Ganga (The Ganges came from Kashi through Shiva who is the Master of the World.) There should be constant applause of happiness in yourselves. You are *students*, are you not? You are doing *service* and also studying. You have to remember the Father and claim your inheritance. We are going to Shiv Baba. This is “Manmanabhav”. However, many are not able to remember: they continue to gossip. The main thing is remembrance. It is remembrance that will make you happy. All of you have the desire for there to be peace in the world. Baba says: Explain to them that peace in the world is now being established. This is why Baba is giving greater importance to the picture of Lakshmi and Narayan. Tell them: That world where there was happiness, peace and purity is being established. Everyone says that there should be peace in the world. Many continue to receive *prizes*. It would be the Master who would establish peace in the *world*. In their kingdom, there was peace in the world; there was one language, one kingdom and one religion. All other souls were in the incorporeal world. Who established such a world? Who established *peace*? The *foreigners*, too, understand that that was *Paradise* and that it used to be their (Lakshmi and Narayan’s) kingdom. *Peace* in the *world* is now being established. Baba had explained that you should use the picture of Lakshmi and Narayan when you go around everywhere in the mornings so that the sound enters everyone’s ears that that kingdom is being established, that destruction of hell is just ahead. You know that, perhaps, according to the *drama*, there will still be a delay. It is not in the fortune of eminent people. Nevertheless, Baba continues to inspire you to make effort. *Service* is continuing to take place according to the *drama*. Achcha. *Good night*.

To the sweetest, beloved long-lost and now-found children, love remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. Remain very cautious of the influence of bad company. Never go into the company of impure ones. Do the *service* of purifying this world with the power of *silence*.
2. Understand the *drama* very clearly and remain cheerful. *Transfer* everything of yours to the new world.

**Blessing:** May you have pure and positive thoughts for others and merge all the things of the past by being merciful.

If anyone tells you anything about the weaknesses of the past of others, step away from that one with good wishes. Let there not be wasteful thinking or conversations of the weaknesses of others among yourselves. Merge the things of the past by being merciful. Merge them and, with good wishes, continue to serve that soul with your mind. Even if some say, do or listen to wrong things under the influence of their sanskars, transform them. Let a garland not be created of those wasteful things by spreading them from one to two, two to three etc. To pay such *attention* means to be one with pure and positive thoughts for others.

**Slogan:** Become a jewel of contentment and you will be loved by God, loved by people and loved by yourself.

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