

**Essence:** Sweet children, Ravan has made you suffer a lot, and so God, the Protector of Devotees, has now come to remove your suffering.

**Question:** What are the two main signs of worthy children?

**Answer:** Worthy children constantly *follow* the mother and father and claim their throne. They remain engaged in making a lot of effort. They are very honest with the Father. Those who have honest hearts constantly follow shrimat. If there isn't internal honesty, you cannot stay in remembrance.

**Song:** No one is unique like the Innocent Lord.

Om shanti. You sweetest children heard this song of the path of devotion. Devotees do not understand the meaning of this song. You have become the children of God. God is the Protector of Devotees. You too are protectors of the devotees; you protect devotees. What calamities do devotees have that make them call out to God to come and protect them? Devotees receive a lot of sorrow from Ravan. The community of Ravan is suffering so much from all their sorrow. They therefore remember the Innocent Lord. That is the community of Ravan, whereas this is the community of Rama. Devotees don't know who their Protector is. Although they sing that the Innocent Lord is the Protector, they don't know how He protects them. You children now understand that Shiv Baba, the Innocent Lord, reforms that which has been spoilt. The world doesn't know who God is. If they knew God, they would also know the beginning, the middle and the end of His creation. They neither know God nor anything about His creation. Therefore, such a human community would be called *blind*. On the other hand, there are all of you who have received divine vision. Your name is Brahma Kumars and Kumaris. The name written on the *board* is "Brahma Kumaris World Spiritual University". It cannot just be Brahma Kumaris. The Father of the People is Brahma. A father has both sons and daughters. Only Prajapita Brahma can have so many children. So you should understand that he is an unlimited father. You also know that it is only the Father who creates Brahma, Vishnu and Shankar and that He is called the incorporeal One. He is the unlimited Father. You also know that the Supreme Father, the Supreme Soul, creates creation through Brahma. The whole of His creation, all human beings, are, in fact, the dynasty of Shiva. You have now become the children of Prajapita Brahma. This is the new creation. The Supreme Father, the Supreme Soul, creates creation through Prajapita Brahma. Therefore, you are called Brahma Kumars and Kumaris. There are so many unlimited children and they must therefore definitely be claiming an unlimited inheritance. You children know that Shiv Baba has *adopted* you Brahma Kumars and Kumaris. Shiv Baba says: You are My children. You souls were also incorporeal. However, knowledge is required in the corporeal form. You know that you belonged to the original eternal deity religion. Creation takes place here through Brahma. The birthday of Shiva is also celebrated here. He took birth in this impure land. The Father says: This world was pure heaven. It is now called hell, the impure dirty land. It has to become heaven again. It is in the intellects of you children that Shiv Baba is once again teaching you Raja Yoga and making you pure. They sing that the Purifier is God, the Protector of Devotees. Only devotees call out. Although they are impure, they don't consider themselves to be impure. The Father explains that all of you are impure. The golden age is called the pure world and the iron age is called the impure world. Everything the Father tells you is *right*. There cannot be anything that is hundreds of thousands of years old. People are in extreme darkness. They think that the iron age is still in its infancy. You know that death is just ahead. It is only at the confluence age that you speak about darkness and light. You have now come into total light. You will not be able to speak about these things in the golden age; this *knowledge* doesn't remain there. The Father sits here at this time and explains to you that, in the golden age, you belonged to the sun-dynasty clan and that at the end you became part of the shudra-dynasty clan. You have now once again become part of the Brahmin clan. You belong to the most elevated Brahmin clan; you are the highest on high. This is the Godly clan. When you come to the Father, He asks you: Whom have you come to? You reply: To the Father. There are two fathers: the worldly one and the One from beyond this world. The Father of all saligrams is only Shiva. This knowledge continues to trickle into your intellects. We are the children of the one Father from whom we claim our inheritance. The incorporeal One gives an inheritance through the corporeal one. The Father Himself says: I come and enter an ordinary body. The Father now says: Children, may you be soul conscious! Consider yourselves to be souls. This body is perishable whereas the soul is imperishable. It is the soul not the body that has to take 84 births. The body continues to change and it also has different friends and relatives. Souls now have to receive their inheritance from the unlimited Father, the Supreme Father, the Supreme Soul. You listen to this and then imbibe it. The sanskars are in you souls. The sanskars remain in the soul. You wouldn't say that they are

the sanskars of the body. No, it is the sanskars of you, the soul, that are tamopradhan. You now have to *change* them. It is said: The body is eternal. The body becomes as eternal as the kalpa tree. That means, it has a long lifespan. You know that the lifespan here is very short. Just sitting somewhere some have untimely death at a young age. You are now conquering death. Death never comes to you there. No one leaves his body in an untimely way there. You know that this body has now become old. You have to renounce it and take a new one. There, harmoniums play at the time of leaving the body as well as at the time of taking birth. There is no question of crying there. The example of the buzzing moth has been explained to you. You are Brahmins. The sounds of the words “Brahmins” and “bhramaris” (buzzing moths) are similar. You also do the same work that the buzzing moths do. It is a *wonder*, is it not? These examples of the buzzing moth, the tortoise and the snake are all mentioned in the scriptures. Sannyasis also give these examples. You children are now being given all of this understanding by the Father. That is the path of devotion where they remember the *past*. Everything that happens here is remembered later on. It is only at this time that the Father enters this body. This one (Brahma) is not called God. That would be blind faith. There are people who call Rama and Krishna God. They even say that Rama and Krishna are omnipresent. Some belong to the path of Radhe and others belong to the path of Krishna. Those who believe in Radhe say that they only see Radhe wherever they look. Those who believe in Krishna say that they only see Krishna wherever they look. Those who believe in Rama only see Rama everywhere. They think that Rama is higher than Krishna because Rama has been portrayed in the silver age whereas Krishna has been portrayed in the copper age. There is so much ignorance! The Father is now explaining to you children. There are so many Brahma Kumars and Kumaris and so there must definitely be an unlimited father. You can ask anyone if he has ever heard the name of Prajapita Brahma. The Father created the new creation of heaven. It is remembered that Brahmins are created through Brahma. You cannot claim the Grandfather’s inheritance until you become Brahmins, the mouth-born creation of Brahma. The unlimited children claim the unlimited inheritance from only the Father. You truly did receive it. You truly were residents of heaven. You have now become residents of hell. The Supreme Father, the Supreme Soul, is now creating the land of Vishnu, heaven, through Prajapita Brahma. This is so easy! Shiv Baba asks: Did you have this knowledge earlier? This soul (Brahma) says: I did not have this knowledge in me. I too was a worshipper of Vishnu. We, who were worthy of worship, have now become worshippers. Baba has now come and is once again making us worshippers into worthy-of-worship deities. You children should have this happiness inside you. The Supreme Father, the Supreme Soul, has come and *adopted* you. Human beings *adopt* human beings. There are many people who *adopt* children when they don’t have children of their own. The Father knows that all of His children now belong to Ravan and this is why He has to come once again and *adopt* you. He *adopts* His children through Brahma. This *adoption* is so *wonderful*! Only you know that Shiv Baba has *adopted* you through Brahma. Shiv Baba says: I have *adopted* you children in order to give you your inheritance of unlimited happiness. This Brahma cannot give it to you. Prajapita Brahma is also a human being. Human beings cannot give this knowledge. Only the Ocean of Knowledge, the incorporeal Supreme Father, the Supreme Soul, sits here and gives this knowledge. Neither Brahma nor Vishnu can be called the Ocean of Knowledge. The praise of all three of them is different. Only the one Father is the Ocean of Knowledge and the Purifier. People of the whole world call out to Him. In English, they say that He is the *Liberator*. One has to be *liberated* from someone who causes you sorrow. The Father comes here and *liberates* you from Ravan. The kingdom of Ravan is also here. It is here that they burn Ravan. They burn him and then go to *loot* the golden Lanka. They don’t know anything about who Ravan is or since when he has been your enemy. They believe that the Sita of Rama was abducted. They don’t understand that all of us are Sitas, that we are trapped in Ravan’s *jail*. Many sit and relate religious stories, but no one has this knowledge. Shiv Baba says: I, the Resident of the faraway land, have come here into this foreign land. This impure world is old; it is the world of Ravan. People call out: O Baba, come; we have become impure! The Father says: I have to come into the impure world to purify you. I have to enter the body that was the *number one* pure body. The one who was beautiful has now become ugly. These are such *wonderful* matters! No one knows why Krishna is called the ugly and the beautiful one. Was only Krishna bitten by a snake? There are no snakes in the golden age. The Father says: For My sake, become pure in this last birth and you will become the masters of the pure world. Simply remember Me and become pure! Remember Alpha and then beta, the kingdom, is yours. This is easy Raja Yoga, an easy kingdom. As soon as a child is born, he receives the right to an inheritance. Here, too, you children know that, because you belong to the Father, you have the right to the kingdom of heaven. The Father says: From being

satopradhan, you have now become tamopradhan. You now have to become satopradhan again. It takes a *second* to teach yoga and knowledge. As soon as a child is born, he has the faith that he is an heir. You now belong to the Father and so the inheritance of the kingdom is yours. However, not everyone will become a king or queen. This is Raja Yoga. All are needed - the king and queen, subjects, rich and poor people. This is why, on the path of devotion, people turn the beads of the rosary of Rudra that has been created. You know that you have come here to study Raja Yoga. By *following* the mother and father, you will first become part of the sun and moon dynasties. Worthy children are those who *follow* the mother and father and claim their throne. You have to make a lot of effort. The Father says: Remember Me! However, you don't do that. You don't follow shrimat. There isn't that honesty inside you. If you had honesty in your hearts, you would follow shrimat and remember the Father. It is only by following shrimat that you receive the Grandfather's inheritance. Brahma cannot give you the inheritance of heaven. Grandchildren have a right to their grandfather's wealth. Children inherit their father's income and so they have a right to it. Here, you are receiving an inheritance from Shiv Baba. Only from the Father do you receive the jewels of knowledge. You Brahmins know that you will become deities. Who is Jagadamba, the world mother? The Father explains that she too was a Brahmin. She was one filled with knowledge who will then become a princess. You will also become like that. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. *Change* the tamopradhan sanskars that are in the soul with the power of yoga. Become satopradhan.
2. In order to claim your inheritance of the kingdom from the Father, be a constantly worthy child and follow the Father's shrimat. Remain honest with the true Father. *Follow* the mother and father completely. Continue to donate jewels of knowledge.

**Blessing:** May you become an image identical to the Father and make the atmosphere avyakt with your avyakt and peaceful form.

Just as you make other *programmes* for service, similarly, make a *programme* of how you will stay on the pilgrimage of remembrance from morning till night and *stop* the *traffic* of your thoughts every now and then for two or three *minutes*. When you see someone coming into a gross consciousness too much, then, without saying anything, adopt a peaceful and avyakt form so that that person understands from your signal and the atmosphere will remain avyakt by your doing this. You will see uniqueness and you will become an image identical to the Father and an image that grants visions.

**Slogan:** Complete truth is the basis of purity.

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