

Essence: Sweet children, *charity begins at home*. Give this knowledge to members of your family. Benefit your equals.

Question: By following which shrimat can you children make your stage constant and stable?

Answer: The Father's shrimat to make your stage constant and stable is: Children, wake up early in the morning every day and remember the Father with a lot of love. Consider yourself to be a soul and listen to whatever Baba tells you. If you don't have remembrance, you will have useless and wasteful thoughts. This is why Baba's advice is: Children, wake up early every morning and promise yourself that, while walking, moving around, preparing and eating food, you will remember one Baba alone.

Om shanti. You sweetest children understand that the spiritual Father is the Father of all spirits and that He is the Highest on High. It is to Him that people say: Salutations to Shiva. They even call Him, "*Father*". That Father is the Creator of heaven. He is also called the Purifier and the Ocean of Knowledge. You understand that you are now sitting with Him. You children have to explain this. At one of the Gita Pathshalas, they have a picture of a six *foot* tall Krishna. In fact, Krishna is shown as a small child, and yet they say that he was the God of the Gita. So, when did he relate the Gita? In his childhood or when he was six-*foot* tall? Radhe and Krishna were a pair. What was Radhe to Krishna? They call Radhe Goddess and Krishna God. What was the relationship between them? No one knows this. If Krishna gave the message of the Gita, when did he do it? When you ask such questions, people will understand that no one, apart from the Brahma Kumars and Kumaris, can ask them. All the great kings etc. definitely bow down to the sannyasis when they see them. None of them has the courage to ask these questions. You have courage. They would say that the Brahma Kumars have so much knowledge that they can give the *knowledge* of the Creator and creation. They relate His *biography*. You can ask them: When did He come? Since they celebrate the birthday of Shiva and worship Him, He must have come. This is why the birthday of Shiva is celebrated. Shiv Baba is incorporeal; He doesn't have a body of His own. People celebrate the birthday of Shiva, and so He must definitely have entered a body. How can the incorporeal One have a birthday? Souls are immortal. A birthday is celebrated when there is birth and death, but there can be no birthday of a soul because souls are imperishable. You cannot say that it is the birthday of a soul. Shiva is incorporeal and people keep an oval image to represent Him. You children should have these thoughts. When you go home from here and engage yourself in your work or business, all of these things are removed from your intellects. You don't churn these things. Many are trapped in the chains of their gurus, don't even ask! Poor, helpless mothers are very innocent. You can ask them: People celebrate the birthday of Shiva, but who is He? When did He come and what did He do? Jayanti means a *birth*. They celebrate the *birth* of incorporeal Shiva. He is incorporeal and so how could His *birth* be celebrated? Whom did He enter? A soul enters a body and that is said to be a *birth*. A soul is a soul. When a soul enters a body, it is said that that soul has adopted a body in order to play a *part*. That One is incorporeal, and so how did He take birth? Whom did He enter? He is called the Supreme Soul. No one knows this. Although they have studied many scriptures etc., they don't know anything. You are now becoming full of all this knowledge. You must now only relate this knowledge. Some come for two to three years and are then influenced by ignorance. Baba now removes ignorance and inspires you to imbibe knowledge. You children are now being given knowledge. However, if the husband is on the path of knowledge and the wife is on the path of ignorance, that is like being a swan and a stork. This is why the wife has to be given knowledge first. A wife believes her husband to be her husband and her guru, and so the wife has to obey her guru's directions. This applies here in this world. There, there is no question of obeying or not obeying directions because everyone interacts with love. There is nothing like that there. This is why it is said, "*Charity begins at home*." When a wife is on the path of knowledge and the husband isn't, what can she do? She has to buzz knowledge. Children also have to buzz knowledge. You have to benefit your equals. You must tell them to remember the Father. The war is just ahead of you and Baba has come. People call out: O Purifier, come! The impure world has to be destroyed. Therefore, why do you become impure again? If a woman is in knowledge, it is her duty to benefit her equals. You are now claiming your whole kingdom from the Father for 21 births. No one will be able to touch you. You are becoming the masters of the whole world. Look how much difference there is! You should have so much remembrance of the One who gives you such an inheritance. Here, there are many who don't remember Shiv Baba at all throughout the whole day. They are constantly caught up in the mundane problems of their homes and businesses. In fact, they should wake up early in the morning and remember the Father with a lot of love. Baba, I promise You that I will definitely claim my inheritance from

You. Baba, You are so sweet! By remembering You, our sins will be absolved. Talk to yourself internally. This is called churning the ocean of knowledge. Baba, I will definitely claim my full inheritance from You. We now definitely have to become satopradhan from tamopradhan. Only then will we claim the golden-aged kingdom. Baba, I will constantly remember You. We have committed so many sins in 63 births. There is such a burden on our heads. This is why Baba, we remember You a great deal. Baba, when we cook food or go for a walk, we will surely stay in remembrance of You. If you make a promise while talking to Baba in this way, your sins will continue to be absolved. Baba, I will prepare food in remembrance of You. I definitely have to become satopradhan. If I leave my body tomorrow, who knows, I may not be able to become satopradhan. There is fear of death! Baba, I will definitely claim My inheritance from You while alive. Then, you should check for how long you remembered Baba throughout the whole day. Under all circumstances you must definitely stay on the pilgrimage of remembrance. You also have to live in your household and interact with everyone with tact. Become busy making intense effort in this way and you will be able to stay in remembrance and also increase your lifespan. Your lifespan will increase in the future. If you don't stay in remembrance, your status will be lower. You have to make effort and claim your inheritance from the Father and also become spinners of the discus of self-realisation. Many *nuns* go around converting Hindus into *Christians*. They go to people's shops and their homes and ask all of them to take a Bible, telling them that there is a lot of happiness in their *Christianity*. They have a *mission* and the Buddhists too have a *mission*. Hindus don't understand what those people are doing. They are converting those who belong to our Hindu religion into *Christians*. You explain so much at exhibitions. Although some even give you their *opinions* in writing, as soon as they go back home, everything is finished. For this, it is remembered that when jewels were placed in front of monkeys they threw them away, thinking they were stones. Here, too, they consider the imperishable jewels of knowledge to be stones and throw them away; they don't understand anything. Yes, it will only *touch* those who belong to this religion. It is very easy. The Father is the Creator of heaven. Only once does He come in Bharat. The Father says: You have been calling out to Me, the Purifier Father, to come. I have now come to make you into the masters of heaven. You even say that you will definitely make this corrupt world into an elevated world. All of you are now residents of hell. You are all following Shiv Baba's shrimat. God Shiva speaks: I make you into the masters of heaven, into kings of kings. This is written very clearly in the Gita: He says: I even uplift the sages and holy men. You should tell them this. They call out: The Purifier is the Rama who belongs to Sita. They don't even understand the meaning of that. All are devotees, that is, Sitas. They call out: O Rama, come and uplift us Sitas! They then chant the name of King Rama who belongs to the Raghav (most elevated) clan. In fact, it is not a matter of King Rama. The main mistake is that they have put Shri Krishna's name instead of Shiva's. You should ask them why they have portrayed Rama and Krishna as blue. They are beautiful in the golden and silver ages and then they become ugly. First there is the *golden age*, then the *silver age*, then the *copper age* and then the *iron age*. It is now the *iron age*. You received so much respect when it was the *golden age*. You should go and explain to them tactfully. They will not renounce their stubbornness that quickly. When a tree grows old, it reaches a stage of total decay. Even this world has a duration. There is the new world and the old world. *Old* means the iron age, the tamopradhan world. Not a single person in this world can be satopradhan. Everything is now tamopradhan and has to end. Who will establish the new world? That same Father. It isn't that annihilation takes place. When people become impure they call out to the Father. They say: Come and purify us. He would definitely come in the old world. Since He is called the Purifier, He would definitely come at the end. He Himself says: I come at the confluence age of every cycle to make the world pure. It is now the confluence age. The Father now takes everyone into salvation. Therefore, you should follow the shrimat of such a Father. You have to solidify your own stage. Wake up early in the morning and remember the Father. Consider yourself to be a soul. These are the *organs* of the body. The Father says: O children, listen to what I tell you. Don't listen to anything that anyone else says about liberation or liberation-in-life. The Father has come from the supreme abode to make you pure. So, why do you remember the old scriptures? People perform devotion in order to attain God. He is the Father, the Bestower of Salvation for All. No one, apart from the Father, can give you this *knowledge*. How did Lakshmi and Narayan receive their kingdom? They say that a soul is a point, that it is a wonderful sparkling star. The Father explains: You call Me "the *Supreme Soul*". Would you call your physical father "the *Supreme Soul*"? God, the One who resides in the supreme abode, is called "the *Supreme Soul*." He is your Father. He comes and enters this one. A guru sits next to his disciple. These things are not mentioned in the scriptures. You now know that He is your Father. The Father also taught

you yoga 5000 years ago. He said: Remember Me and the land of Vishnu. Therefore, He would definitely tell you this at the confluence age. In the golden age there was one religion; therefore, there will definitely be one religion again. All of those religions will be destroyed. This is that same *time*. The Father says: Remember Me and I will make you into the masters of the world. Only by having remembrance of the Father will you become satopradhan from tamopradhan. The Father says: I remember the children who do *service* very well because they are My helpers. I love those who benefit many others. You only love the one Father from whom you receive the inheritance. This is why you children have to make effort very well. Stay on the pilgrimage of remembrance. Many useless thoughts will also come. On the path of devotion they even beat themselves in order to have a vision of Shiva. They make so much effort for visions. Here, you understand that your sins will be cut away by having remembrance of the Father and that you will receive an inheritance for 21 births. Your sins are not cut away by having visions. You should remember with a lot of love the Father who makes you into the masters of the world. What you are becoming is now in your intellects. This is what you will become in your next birth. This is the *college* for becoming *princes* and *princesses* of the golden age. Along with establishing a religion, the Father also establishes the *deity kingdom*. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Listen to and imbibe the aspects of knowledge about liberation and liberation-in-life that the Father tells you. Forget everything else. Benefit yourself and your worldly family.
2. In order to finish all wasteful thoughts, wake up early in the morning and churn knowledge. Remain engrossed in the pilgrimage of remembrance.

Blessing: May you be a true yogi and a co-operative soul who receives everyone's co-operation by having yoga with the one Father.
To the extent that you are a yogi, accordingly you definitely receive everyone's co-operation. Because a yogi soul has a *connection* with and love for the Seed, he receives everyone's co-operation as a *return* of love. Those who have yoga with the Seed and who give the water of love to the Seed receive the fruit of co-operation from all souls. This is because, by having yoga with the Seed, you have a *connection* with the whole tree.

Slogan: To say "mine" for the old sanskars means to become slack in your efforts.

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