

Essence: Sweet children, ask yourself: For how long do you remember the Father? For how long do you have a soul-conscious stage?

Question: Which *direction* do the fortunate children of the Father follow?

Answer: The Father's *direction* is: Sweet children, may you be soul conscious! All of you souls are *males*, not *females*. A whole *part* is recorded in each of you souls. Now make this effort and practise remaining soul conscious. This is the highest destination.

Song: My fortune having awakened I have come

Om shanti. You sweetest, spiritual children heard the song. Spiritual children, that is, embodied souls, say that they are sitting with the spiritual Father, in order to make their fortune for the new world, that is, the fortune of heaven. Now, you children have to have spiritual consciousness, that is, you have to become soul conscious. This requires the most effort. Consider yourselves to be souls and you souls should also consider that you have taken 84 births. Sometimes, you became a *barrister*, sometimes one thing and sometimes another. Souls are *male* and are all *brothers*, not *sisters*. The soul says: This is my body. Therefore, in these terms, although the body may be *female*, the soul is *male*. Everything has to be understood very clearly. The Father refines your intellects and makes them very broad. You souls now know that you have taken 84 births. Good and bad sanskars are in the soul. You receive a body according to those sanskars. Everything depends on the soul. A lot of effort is needed for this. You have been remembering your worldly fathers for birth after birth. You now have to remember your Father from beyond this world. Repeatedly consider yourselves to be souls. I, the soul, take this body. The Father is now teaching us souls. This is spiritual knowledge given by the spiritual Father. The first and foremost thing is that you children have to remain soul conscious. It is a very high destination to remain soul conscious. Knowledge is not as high. There is no effort in knowledge. To understand the world cycle is to understand *history* and *geography*. The Father is the Highest on High. Then there are the deities of the subtle region. The *history* and *geography* of the *world* are in the human world. There is no *history* or *geography* in the subtle region or in the incorporeal world. That is the land of peace. The golden age is the land of happiness whereas the iron age is the land of sorrow. No one can receive peace here in Ravan's kingdom. You children have now received the knowledge that you are souls and are residents of the land of peace. Those *organs* are for you to perform actions with, whether you perform actions or not. I am a soul and my original religion is peace. You are karma yogis. You definitely also have to perform actions; there can be no renunciation of karma. That is the *part* of those sannyasis. They leave their homes and go away; they don't cook food, but continue to ask householders for alms. They do have to go to householders to eat food. They renounced their homes and families, but they still continue to perform actions. There cannot be renunciation of karma. It is when souls reside in the land of peace that there is renunciation of karma. There, there are no physical organs. Therefore, how could a soul perform actions? This is called the field of action. Everyone has to come onto the field of action. That is the land of peace, the incorporeal world. It isn't that souls have to merge into the brahm element. Souls are residents of the land of peace. They then come here onto the field of action to play their *parts*. These are matters of *detail*. In a *nutshell*, Baba tells you: Have the faith that you are a soul and remember the Father so that your sins are absolved. This is called the ancient yoga of Bharat. In fact, this should not be called yoga, but remembrance. This requires effort; very few become yogis. First, there have to be the teachings of yoga, and then knowledge. First of all, there has to be remembrance of the Father. The Father says: Become soul conscious! This is the spiritual pilgrimage of remembrance; it is not a pilgrimage of knowledge. You have to make a lot of effort for this. Although some call themselves BKs, they don't remember the Father. The Father comes and makes you children soul conscious through Brahma. This one was body conscious and is now making effort to become soul conscious. Brahma is not God. Here, all human beings are impure. There isn't a single being who is pure and elevated. It refers to a soul when it is said: Charitable soul, sinful soul. Human beings say: Don't trouble my soul! However, they don't understand who they are. It is asked: O soul of a human being, what business are you doing? He would reply: I, the soul, am doing such-and-such business through this body. Therefore, first of all, have that faith and remember the Father. No one but the Father can give this spiritual *knowledge*. The Father comes and makes you soul conscious. It isn't that anyone who is clever in knowledge is very strong in soul consciousness. Those who are soul conscious will imbibe this knowledge very well. There are many who understand knowledge very well, but they forget Shiv Baba. You repeatedly have to consider yourself to be a soul and remember the Father. You have to become like a genie in this. There is the story of a genie. The Father gives you this work: Remember Me or else Maya

will eat you! Maya is the genie. The more you remember the Father, the more your sins will be absolved and the greater the pull you will feel. Maya turns you upside-down and brings you many storms. It should remain in the intellects of you souls that you are the children of the Father. You just have to stay in this happiness. Maya slaps you when you become body conscious. They also show a play of Hatamtai (someone putting a bead in his mouth). When someone puts a bead in his mouth, the problem goes away. This means that Maya does not trouble you when you stay in remembrance of the Father. There is a battle because of this. You make effort to stay in remembrance but Maya catches hold of you by the nose and doesn't allow you to stay in remembrance. You then become distressed and go to sleep. There is so much battling with Maya. However, the *history* and *geography* of the *world* is *most simple*. You are told over and over again that you must always think that your 84 births are now complete and that you are now going to meet Baba. It is difficult to remember this, but it is not difficult to explain to anyone. Don't think that you explain very well; no. The first thing is remembrance. Many people come to the exhibitions. Teach them the first lesson of considering themselves to be souls and of remembering the Father so that they become satopradhan from tamopradhan. This is the first *lesson* to teach them. No one else can teach the ancient yoga of Bharat. Only when the Father comes and teaches it can you learn it. It is *impossible* for human beings to teach human beings Raja Yoga. In the golden age you are pure and you experience the reward there. There is no question of knowledge or ignorance there. It is only on the path of devotion that people call out for Him to remove their sorrow and grant them happiness. There are no gurus etc. in the golden and silver ages. There, they have attained salvation. You can claim your inheritance of salvation for 21 births or 21 generations. It is said that a Brahma Kumari is one who uplifts 21 generations. This is only remembered in Bharat. It is only in Bharat that you receive an inheritance for 21 generations. There, you belong to the one deity religion. There is no other religion there. The Father comes and changes you from humans into deities. How can we return home without becoming pure? Everyone here is impure and vicious. Those who establish a religion also have to sustain their religion while it continues to grow. No one can return home. Not a single *actor* can return home. Everyone has to become satopradhan and go through the stages of sato, rajo and tamo. For Brahma too, it is said: The day of Brahma and the night of Brahma. Would there be only Brahma alone in the world? You are now becoming part of the Brahmin clan. You were in the night and are now going into the day. It has been explained to you for how long you remain worthy of worship and for how many births you become worshippers. Until the Father comes, no one can become elevated from corrupt. Those who are born through vice are called corrupt. That is why this is called *hell*. If there were sorrow in both *hell* and *heaven*, *heaven* would not then be called *heaven*. Until someone understands accurately, he will continue to ask wrong questions. You have to explain that Bharat was very elevated. Just as the praise of God is infinite, so the praise of Bharat is also infinite. What was Bharat? Who made it like that? The Father, whose praise you sing. The Father comes and makes you children into the masters of the world. He takes all human beings from degradation into salvation. He takes them to the land of peace for which human beings make effort. That is called complete happiness, complete peace and complete purity. There, you remain in happiness and peace too. All the rest of the souls only remain in peace. You take the *maximum* number of births. Those who take the *minimum* number of births remain in total peace. They just come like mosquitoes and play their *parts* for one birth or half a birth. What is that worth? They have no *value*. What *value* do mosquitoes have? They take birth in the night and die in the night. At this time most people want peace because the gurus of today are those who go into silence. You have come here to become residents of heaven. The residents of heaven would not be called residents of peace. The residents of peace are those who reside in the incorporeal world. People have learnt the word "liberation" from their gurus. Women hold a fast in order to go to the land of Paradise. When someone dies, people say that he has become a resident of heaven. He hasn't really become that, but the people of Bharat believe in *heaven*; they believe that Bharat was *Paradise*. Shiv Baba comes in Bharat and creates heaven. Therefore, He would definitely create that here. He wouldn't come in heaven to do that. He says: I come at the confluence of hell and heaven. I come every cycle at the confluence age. They have written that He comes in every age; they have forgotten the word "cycle". This play is predestined and the same will then *repeat*. You come to know the Father and the world cycle in this last birth. You now know, numberwise, how establishment takes place. The whole play is based on you people of Bharat. You are now studying Raja Yoga with the Father. You claim the kingdom by having remembrance of the Father. There are the pictures. Who made all of these pictures? This one doesn't have any gurus etc. Even if he did have a guru, that guru would not have just one disciple! He would have many disciples. No one but the one

Father can know this *knowledge*. Many people ask if your Dada has had these pictures made. The Father granted visions with divine insight. He also granted visions of Paradise. You had visions of how a *school* functions there and what the language there will be. When you children were in the furnace, Baba used to entertain you. In Karachi you lived alone and it was as though it was your kingdom then. You used to have everything of your own. Others aren't able to understand this. You used to believe that that was the Court of Khuda (God). Baba has explained that you are the *nuns* who belong to *none but One*. You mustn't remember anyone but the one Father. *Nuns* only belong to Christ and no one but him. You know that you receive your inheritance from only Shiv Baba. Shiv Baba is just a point. He would also have to explain through someone, would He not? Prajapita Brahma would surely exist here. The Father says: I enter this one's impure body at the end of the last of his many births. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Imbibe knowledge very well and become soul conscious. This requires effort. This is the highest destination. Make the soul satopradhan by making this effort.
2. Become a genie and stay on the pilgrimage of remembrance. No matter how many obstacles Maya brings, just put a bead in your mouth. Don't become distressed by Maya. Stay in remembrance of One and remove the storms.

Blessing: May you be seated on the heart-throne and the throne of the kingdom by making your every action a memorial, like the Father's.

Just as every word spoken by the Father becomes a memorial, similarly, whatever those who are equal to the Father speak, it becomes merged in everyone's heart, that is, it becomes a memorial. The hearts of those souls are touched by whichever soul they think about. Two words spoken by such souls reassure and comfort their hearts and they experience closeness; therefore, everyone considers such souls as belonging to them. Only children who are equal become seated on the heart-throne and the throne of the kingdom.

Slogan: Become a flying bird and overcome all problems without any obstructions with your flying stage.

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