

Essence: Sweet children, only with the power of yoga can you conquer your sins and become conquerors of sins.

Question: What thought makes effort-making children stop making effort?

Answer: When an effort-maker thinks that there is still a lot of time left and that he'll be able to *gallop* ahead later, the Father explains: Children, death is not fixed. If you were to leave everything to tomorrow and die in the meantime, what would you have earned? Therefore, continue to benefit yourself and others as much as possible by following *shrimat*. Don't stop making effort by thinking about the time.

Song: Salutations to Shiva.

Om shanti. It is explained to you children that the incorporeal One cannot perform any actions without the corporeal one. He couldn't play His *part* otherwise. The spiritual Father comes and explains to you spiritual children through Brahma. You have to become *satopradhan* masters of the world with the power of yoga. It is in the intellects of you children that the Father comes every cycle and teaches you Raja Yoga through Brahma. He carries out the establishment of the original eternal deity religion, that is, He changes human beings into deities. Human beings who were deities were pure and have changed after 84 births and have now become impure. When those of Bharat had divine intellects they had everything - purity, peace and happiness. This is a matter of 5000 years. The Father explains the full account including the date and time to you. No one is higher than He is. Only the Father sits here and tells you the secrets of the beginning, the middle and the end of the world, that is, of the *kalpa* tree. The deity religion of Bharat has now disappeared. The images definitely exist. The people of Bharat know that there was the kingdom of Lakshmi and Narayan in the golden age. They made the mistake in the scriptures of showing Krishna in the copper age. Only the Father comes and shows the way home to those who have forgotten this. He is called the *Guide* to liberation and liberation-in-life. Only the One grants liberation and liberation-in-life to all. When Bharat is liberated in life, all the rest of the souls are in the land of liberation and that is why He is called the Bestower of Liberation and Liberation-in-Life. The Creator is only One and the world is also only one. There is only one *history* and *geography* of the *world* and it continues to *repeat*. There are the golden and silver ages etc. and then there is the confluence age. The iron age is impure whereas the golden age is pure. Before the golden age comes, the iron age definitely first has to be destroyed. Establishment has to take place before destruction. Establishment will not take place in the golden age. God comes when the impure world has to be purified. The Father is showing you an easy method: Break all relationships with your body and bodily relations and become soul conscious and remember the Father. The Father is the One who gives fruit to the devotees. He gives knowledge to the devotees to make them pure. It is yoga that purifies everyone. The Ocean of Knowledge comes and speaks knowledge through this one's mouth. He purifies the impure. At this time all souls have become impure and that is why they call out to the Father because no one, apart from the Father, can purify you. If the Ganges is the Purifier why do you sing: The Purifier is Rama who belongs to Sita? The intellect says that the Supreme Father, the Supreme Soul, will definitely come once again to carry out establishment of the new world and destruction of the old world. The *kalpa* tree has a duration. Anything that reaches a state of total decay is said to be *tamopradhan*. This cannot be called the *new world*; this is the *iron-aged world*. All of these things are made to sit in your intellects for you to explain to others. Give this message to every home. Don't say, "God has come!", explain tactfully: You have two fathers: a worldly father and the spiritual Father. At a time of sorrow you only remember the spiritual Father. No one in the land of happiness remembers God. In the golden age, the kingdom of Lakshmi and Narayan, there was peace, happiness and purity; there was everything. Once you have received the Father's inheritance, why would you call out to Him? There, there is nothing but happiness. The Father did not create the world to cause you sorrow. This play is predestined. Those who have *parts* to play at the end take two to four births and remain in the land of peace for the rest of the time. However, it is not possible for anyone to leave the play. They may take one or two births but it is as though they are in liberation for the rest of the time. Souls are actors. Some have elevated parts and others have lesser *parts*. It is remembered that no one can reach the depth of God. Only God comes and explains to you the secrets of the Creator and the beginning, the middle and the end of creation. The Father explains: I enter an ordinary body. The one whose body I enter doesn't know his own births. I tell you the story of this one's 84 births. No *part* can be *changed* because this play is predestined. This doesn't sit in anyone's intellect. It can only sit in your intellect when you become pure and try to understand. In order to understand everything very clearly, you have to stay in a *bhatti* (furnace) for seven days. They have readings from the Bhagawad

etc. for seven days. Some are able to understand everything very clearly in just seven days, whereas others say that nothing sits in their intellects. If they are not to claim a high status, how would these things sit in their intellects? Achcha, at least they have been benefited. Subjects continue to be created in this way, but it requires effort to claim the fortune of the kingdom. Only by remembering the Father will your sins be absolved. Whether you do it or not is up to you; it is still the Father's direction. Something lovely is always remembered, is it not? On the path of devotion, they say: O Purifier, come! You have now found Him. He says: Remember Me and the rust will be removed. You will not receive the kingdom just like that! A little effort is needed to have remembrance. Only those who remember Baba a great deal will attain their karmateet stage. Because of not remembering Baba fully, your sins will not be absolved. Only with the power of yoga can you become conquerors of sins. How did Lakshmi and Narayan become so pure when no one is pure at the end of the iron age? The *episode* of the knowledge of the Gita is being *repeated*. God Shiva speaks. Everyone continues to make mistakes, and I come and make everyone free from mistakes. All the scriptures of Bharat belong to the path of devotion. The Father says: No one knows about anything I said. Those who heard it from Me attained their reward for 21 births. This knowledge then disappeared. You have been around the cycle and are now listening to this knowledge. You know that you are planting the *sapling* of changing humans into deities. This is the *sapling* of the deity tree. People continue to plant saplings of those trees. The Father comes and shows you the *contrast*. You show what their *plan* is and what your *plan* is. They have *family planning* to stop the world population increasing. The Father tells you a very good thing. It is that the innumerable religions are to be destroyed and the *family* of deities will be established. In the golden age there was just the *family* of the deity religion; none of the many *families* existed then. Look how many *families* exist in Bharat now - the Gujarati *family*, the Sikh *family*. In fact, there should only be one *family* in Bharat. When there are many *families*, there is definitely conflict, and then there is *civil war*. *Civil war* also takes place within *families*, just as two brothers in a family may not be able to live together; there is *friction* between them. Even the water is divided between them. Those of the Sikh religion feel they should give more happiness to a *family* that belongs to their religion. There is a greater pull to one's own kind. They continue to beat their heads. When it is the end they will continue to fight among themselves. Destruction has to take place. They continue to manufacture many *bombs*. When that big war took place they dropped two *bombs*. They have now manufactured many of them. This is a matter of understanding. You have to explain that this is the same Mahabharat War. Even eminent people say that if they don't stop the war, the whole world will be set on fire. You know that there will be fire. The Father is establishing the original eternal deity religion. Raja Yoga is for the golden age. The deity religion that has disappeared will be established again. It is now the iron age and after that there has to be the golden age. There is now this great Mahabharat War for the destruction of the iron age. Imbibe all of these things very well and then explain them. Human beings belong to the devilish community and this is why you have to be very cautious. There will definitely be obstacles now, just as there were in the previous cycle. This *drama* is predestined and we are bound by it. You should never forget the pilgrimage of remembrance. There is the song: "O traveller of the night, do not become weary." No one can understand the meaning of it. The night is going to end and the day will come. That half of the cycle has come to an end and happiness will now begin. The Father has explained to you the meaning of "Manmanabhav". Because Krishna's name was inserted in the Gita it doesn't have the same strength. Krishna can never be called the Almighty Authority; he takes the full 84 births. This is why the Gita doesn't have the same strength. We are now benefiting all human beings. Those who become benefactors will receive an inheritance. There cannot be benefit without the pilgrimage of remembrance. At this time, all of them have non-loving intellects: they say that God is omnipresent. You have to explain that He is the unlimited Father. The people of Bharat receive their unlimited inheritance from the unlimited Father. You people of Bharat have taken 84 births. You have been continuing to listen to this knowledge, but you now see things in a *practical* way. Day by day, many new ones will come to you. If eminent people were to come now, it wouldn't take long for your sound to spread very quickly and there would then be upheaval. This is why everything continues to happen gradually. This knowledge is incognito. No one can tell what you are doing. There is sorrow in devotion and happiness in knowledge. Only you and no one else knows how you battle with Ravan. God speaks: If you want to become satopradhan from tamopradhan, remember Me and your sins will be absolved. Become pure and I will take you back with Me. Everyone is going to receive liberation. Everyone will be liberated from Ravan's kingdom. You say that only the Shiv Shaktis, the Brahma Kumaris, will establish the elevated world by following the shrimat of the Supreme Father, the Supreme Soul, exactly as they did in the previous

cycle. The elevated world existed 5000 years ago. Make this sit in your intellects. When your intellects imbibe the main *points*, you will be able to stay on the pilgrimage of remembrance. Some of you think that there is still *time* and that you will make effort later on. However, death has no discipline. What if someone were to die tomorrow? So, you mustn't think that you will *gallop* ahead at the end. That thought will make you fall even further. Continue to make as much effort as possible. Each of you has to benefit yourself by following *shrimat*. Examine yourself to see how much you remember the Father and how much of the Father's *service* you do. You are God's spiritual helpers; you *salvage* the spirits. You show people how impure spirits can become pure. Your sins won't be absolved by remembering Krishna. He was a *prince* and experienced his reward. There is no need for his praise. How would you praise deities? Yes, everyone celebrates *birthdays*; that is a *common* thing. However, what else did they do? They continued to come down the ladder anyway. There are good and bad human beings; each one's *part* is his own. This is an unlimited matter. The main branches and twigs can be counted, but the leaves are innumerable. How could you sit and count each one? The Father continues to explain to you: Children, make effort! Give everyone the Father's introduction and connect your intellects in yoga with the Father. The Father says: Tell everyone to become pure and they will go to the land of liberation. The world doesn't know what will happen through the Mahabharat War. This sacrificial fire has been created because a new world is needed. Our sacrificial fire is going to end, and everything will therefore be sacrificed into it. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Become a true helper of God and serve to *salvage* all the spirits. Benefit everyone; give everyone the Father's introduction.
2. Remember the loveliest One of all with a lot of love. Remain unshakeable on the predestined *drama*. Don't be afraid of obstacles.

Blessing: May you make easy yoga your *natural nature* and become *perfect* in every *subject*. Just as there is no *percentage* in being the Father's children, similarly, now let the *percentage* finish in the *stage* of being a constantly easy yogi and yogi. Let it become your *natural nature*. Some have a particular *nature* and continue to move along according to that *nature* even against their conscious wish. Similarly, let this become your *nature*. What can I do? How can I have yoga? Finish all of that and you will become *perfect* in every *subject*. "*Perfect*" means being beyond any *effect* or *defect*.

Slogan: If you are going to tolerate, do so with happiness, not out of compulsion.

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