

**Essence:** Sweet children, become conquerors of sleep, stay awake at night and churn knowledge, stay in remembrance of the Father and your mercury of happiness will rise.

**Question:** There are many holidays in Bharat, but you don't get a holiday in the confluence age for even a *second*; why?

**Answer:** Because every *second* of the confluence age is *most valuable*. You have to remember the Father in every breath. Remain engaged in *service*, day and night. Become obedient and faithful, have your sins absolved by having remembrance and return straight home with honour. You have to become free from punishment and make both the soul and the body pure. This is why you cannot get a holiday for even a *second*.

**Song:** Our pilgrimage is unique.

Om shanti. You children know that there are two types of pilgrimage: one is spiritual and the other is physical. There are two types of shore: one is a river bank and the other is where new *centres* for you children are being created. They ask how many places you have in Kanpur where one can drink the nectar of knowledge or how many places there are for bathing in knowledge. You say that we have four or five places. There is an *address* for every centre: this is such-and-such place where you can go and claim liberation-in-life by bathing in knowledge. You children understand what liberation is and what liberation-in-life is. Bharat was definitely liberated in life; it was called heaven. When it enters bondage in life, it is called hell. You children know that we go on pilgrimages. You receive salvation by bathing in knowledge. You children have also had visions of salvation. Heaven is called salvation and hell is called degradation. The golden age is definitely salvation, heaven, and the iron age is degradation, hell. You children invite everyone, asking them whether they will come to golden-aged heaven from iron-aged hell. Together with the word, 'heaven', you definitely have to insert the name 'The Golden Age'. Then heaven and hell will become separate. Otherwise, human beings say that heaven and hell are both here. Only the people of Bharat know what heaven and hell are. Only those who belong to the deity religion will go there. No one else knows this. Everyone has his own religion and own religious scriptures. Everyone should study his own religious scriptures. There will be benefit in their own religious scriptures. You children understand that we definitely belong to the highest clan. Until you explain the secrets of the *drama* to human beings, they will remain in total darkness. Therefore, you should explain using these pictures. You children know all the ages, but human beings won't understand without the pictures; it won't sit in their intellects. At *school*, if you explain to someone where France and England are without using a map, they wouldn't understand at all. In the same way, no one will understand these aspects without pictures. You should bring them in front of the pictures and explain that this is a *drama*. Now, tell us to which religion you belong. When does your religion come? Which religion exists in the golden age? Everything is written very *clearly* in the pictures. In the golden and silver ages, when there were the sun and moon dynasties, no other religions existed. That deity religion doesn't exist now and it therefore has to be established again. The world is now old, and so a new one definitely has to be established. There was the kingdom of Lakshmi and Narayan in the new world. The picture of Lakshmi and Narayan is the main one. The names Lakshmi and Narayan are very famous. Many big temples are built to them. They also have many names for Shiva and build many temples to Him. His name is very famous. They have given Him the name Somnath (Lord of Nectar) because He gives the nectar of knowledge. People have given Him many names, and so you have to explain to them. Why are the names Rudra, Shiva, Somnath given? What is the meaning of Badrinath? He has been given many names without them understanding why and this is why people are confused. The accurate name is Rudra's sacrificial fire of the knowledge of the Gita. The Father says that the fire of destruction is ignited through this, My sacrificial fire of knowledge. These are God's versions. When someone comes, first definitely explain the Gita to them. It is written in that: God speaks: Remember Me and your sins will be absolved and you will come to Me. He is the unlimited Father. He is the Creator of heaven and the Creator of liberation-in-life. His name is *Heavenly God*, the *Father*, the One who establishes *heaven*. God doesn't live in *heaven* Himself but He is the One who establishes *heaven*. He also carries out the tasks of establishment, sustenance and destruction. The Father says: Now remember Me, the Father from beyond this world, and consider yourself to be a bodiless soul. Otherwise, how would you come to Me? The Father says: This is your last birth, and only by having yoga with Me will your sins be absolved. This is called the fire of yoga. Human beings teach many types of yoga for health. Now the Father from beyond this world says: Have yoga with Me and imbibe this knowledge and your sins will be absolved and I will then give you the kingdom of heaven, Paradise. Therefore, you should believe this. The Father says: O

children who are conquerors of sleep, conquer sleep and remember Me because you have to come to Me in My incorporeal world. If it were Krishna, he would say: You have to come to my Paradise. Wherever someone lives, he would show you that destination. The incorporeal Father says: Remember Me and you will come to My incorporeal world and there is only one path to come to Me. You children are now the mouth-born creation. The words 'born through vice and born through the mouth' are very easy. You now say: Baba, I am Yours. Then, Baba says: Yes children, you are Mine. So, now follow My directions! You know that Bharat was heaven; then, where were all the other souls at that time? In the land of liberation. There, there is only one religion, and there is therefore no conflict. There is no trace of fighting or quarrelling. Those people say that the Hindus and Chinese are brothers, but are they? They continue to fight among themselves. People sing: Purifier, the Rama of Sita. It is definitely because they themselves are impure that they sing that. In heaven, there is only one pure world and so they will not sing there in that way. This is an impure world and this is why they sing in that way. Heaven is called the pure world. The iron age is called the impure world. Human beings don't even understand this; their intellects are totally dirty. We too didn't understand. By having tamopradhan intellects we forgot everything. The Father says that you have become totally senseless. You were so sensible! You were satopradhan deities. You have now become senseless and tamopradhan shudras. You received so much happiness in heaven. The clan of you people of Bharat was the highest: you were deities. You have now become impure residents of hell. The Father comes and tells this to His children. You children also *feel* that you were definitely worthy-of-worship deities and that you have now become worshippers. Baba made you so sensible and He is making you that again. You should churn these aspects at night and experience a lot of happiness. Wake up at amrit vela and remember Baba. Churn knowledge and your mercury of happiness will rise very high. Some children don't remember Baba for even a *second* throughout the day. Even though they are listening here, their intellects' yoga is somewhere else. They don't even understand who the incorporeal Supreme Soul is. In a *school* some fail two or three times. Ultimately, if they are unable to study, they have to leave that *school*. Even here, if some are unable to understand knowledge, they leave. Maya slaps them very hard. They are punched by lust and completely destroyed. Maya is very strong and powerful. Your *boxing* is not against any human being, but against Maya. We are now gaining victory over Maya. For this, you children have to make a lot of effort. To whatever extent you can, wake up at night and churn the ocean of knowledge. It will then become a *practice*. God's versions are all His children, not just for one Arjuna. All are on the battlefield. The Father says to all the children: O children, wake up during the night and remember the *most beloved* Father and your sins will be absolved and you will be able to imbibe knowledge. Otherwise, you will not be able to imbibe any knowledge. If you disobey My orders and don't remember Me, there will be a lot of punishment. You receive God's *directions*: I am your sweetest Father. By remembering Me, you will come to Me. It is not good to come after having experienced punishment. By coming directly to Me, you will be honoured. Therefore, do not disobey My directions. Those who don't obey directions are called the ones who cause defamation. This is the true Father and the true Satguru. Therefore, you should obey His directions. Shiv Baba is very sweet. He makes both the soul and the body pure. A pure body doesn't simply refer to having good health. Both the soul and the body become *pure*; that is called a pure body. The deities had pure bodies. Now, everyone's body is like rubbish. The five elements are tamopradhan, so just look what type of bodies are created from them! Just look at the features! There is a lot of praise of Krishna. Only in heaven will you receive bodies like that. You are now becoming deities once again. Therefore, the main thing is to stay awake at night and have remembrance and it will become a *practice*. You have to conquer sleep; you can achieve anything with *practice*. Through *practice* you can learn how to run a business, roll out and cook chapatties etc. You also have to learn how to remember the Father. You have to remember the Father whom you forgot throughout the whole cycle. Then Baba will become pleased. Otherwise, He would say that that child is not faithful or obedient and he will experience a great deal of punishment; there are only beatings in his fortune. Here, if a person becomes angry with someone, he reacts strongly. However, you won't be able to do anything at the time Dharamraj gives you punishment. The *Government* gets a lot of work done free in *jails*. Some spend their time in *jail* without having to work hard, whereas others have to work very hard. In the Dharamraj region too, when Dharamraj gives punishment, you won't be able to do anything. You will understand internally that it is your own fault and that that is why you are receiving this punishment. You will also *feel* that you did not obey the Father's directions and that is why you are receiving punishment. Therefore, Baba says: To whatever extent you can, remember Me. Achcha. Nowhere else do people receive as many holidays as they

do in Bharat. However, here, we don't have even one *second's* holiday, because Baba says: Remember Me in every breath. Each breath is *most valuable*. You children should remain engaged in Baba's *service*, day and night. Do you love *Almighty* Baba or His chariot? Or, do you love them both? You definitely have to love both of them. It would then remain in your intellects that Baba is in this chariot. You love this one because of that One. They place a stone bull in the Shiva Temples and that too is worshipped. These aspects of knowledge are so deep, but if you don't listen to this knowledge every day you will *miss* some aspect. Those who listen to this knowledge every day will never *fail*. They will also have good *manners*. There is a lot of *profit* in remembering Baba and a greater *profit* in remembering Baba's *knowledge*. There is *profit* in knowledge as well as in yoga. By having remembrance of Baba, your sins are absolved and you also receive a high status. The place where Baba resides is called the land of liberation, the brahm element, but the best place of all is where Brahmins reside. Brahmin priests definitely wear a thread; they each have a topknot because Baba gets hold of us Brahmins by our topknots and takes us back. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. In order to make both you, the soul, and your body pure, instil the practice of remembering the Father. Never disobey Baba's directions.
2. At the time of studying, *check* to see that your intellect is not wandering here and there. Never *miss* the study. Do not become defeated by Maya's *boxing*.

**Blessing:** May you be a *master* trikaldarshi (knower of three aspects of time) and overcome every adverse situation with your own stage.

The children who remain stable in the trikaldarshi stage overcome all adverse situations with their own stage as though nothing has happened. *Knowledge-full* trikaldarshi souls make every power, every *point* and every virtue work under their *order* according to the time. Let it not be that when you *order* the power to tolerate, it comes to you after the task for which you had ordered it has been accomplished. At any time, whatever power you need and in whatever way, when that power does its work, it can then be said that you are a master of all treasures, a *master* trikaldarshi soul.

**Slogan:** Those who remain constantly happy and share happiness with others are true servers.

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