

**Essence:** Sweet children, put into practice the teachings that the Father gives you. After making a promise, you must not turn away from it. Do not disobey orders.

**Question:** What is the essence of your study? Which should you definitely practise?

**Answer:** Your study is to go into the stage of retirement. The essence of this study is to go beyond sound. The Father alone takes everyone back home. You children have to become satopradhan before going back home. For this, go to a place of solitude and practise being soul conscious. Only the practice of being bodiless will make you souls satopradhan.

Om shanti. By considering yourselves to be souls and remembering the Father, you will become satopradhan from tamopradhan and, in this way, you will become the masters of such a world. You become satopradhan from tamopradhan in this way every cycle, and then, by taking 84 births, you become tamopradhan. Then the Father gives you the teaching: Consider yourselves to be souls and remember the Father. You used to remember Him on the path of devotion too but your intellects had gross knowledge at that time. Your intellects now have deep and refined knowledge. You have to remember the Father in a *practical* way. You also have to explain that a soul is like a *star* and that the Father is also like a *star*. It is just that He doesn't take rebirth whereas you do. This is why you become tamopradhan. You now have to make effort to become satopradhan once again. Maya repeatedly makes you forget. You now have to become free from making mistakes; you mustn't make any mistakes. If you continue to make more mistakes, you will become even more tamopradhan. You receive the *direction*: Consider yourselves to be souls and remember the Father. *Charge your batteries* and you will become satopradhan and the masters of the world. A *teacher* teaches everyone. *Students pass*, numberwise. They then also earn, numberwise. You also *pass*, numberwise, and you then claim your status, numberwise. There is a difference between the masters of the world and the subjects, maids and servants. *Students* who are good, worthy, obedient, faithful and trustworthy definitely follow the directions of the *Teacher*. The better your *register*, the more *marks* you will receive. This is why the Father repeatedly tells you children: Do not make any mistakes. Do not think that you *failed* in the previous cycle. It enters the hearts of many that, because they don't do *service*, they must have *failed*. The Father continues to caution you: From being satopradhan and golden aged, you have become tamopradhan and iron aged. *World history* will *repeat* once again. The Father shows you a very easy way to become satopradhan. Remember Me and your sins will be absolved. You will become satopradhan while climbing up. You will climb up slowly and this is why you must not forget Baba. However, Maya makes you forget, she makes you disobedient. You accept the *directions* that the Father gives you, you make a promise but you then don't follow those directions. The Father would then say that you are those who disobey orders and turn away from your promise. After making a promise to the Father, you have to put it into practice. No one else will give you the teachings that the unlimited Father gives you. There definitely has to be a *change*. The picture is so good. You are the Brahmin clan and will then become the Vishnu clan. This is new Godly language. You have to understand this. No one else gives this spiritual *knowledge*. There are some organisations who call themselves spiritual organisations, but there cannot be any spiritual organisation other than yours. There is a lot of *imitation*. This is something new. There are very few of you. No one else can understand these things. The whole tree is standing, but it doesn't have a trunk. Later, there will just be the trunk; there won't be any branches or twigs. All of them will end. The unlimited Father gives you an unlimited explanation. There is now the kingdom of Ravan over the whole world. This is Lanka (an island). That Lanka is on the other side of the ocean and the unlimited world is also in the ocean; there is water all round. Those things are limited whereas the Father is teaching you unlimited things. Only the one Father explains to you. This is a study. You remain engaged in studying until your *results* are announced and you then get a job. Your intellects work on just that. It is a *student's* duty to pay *attention* to his studies. While sitting, walking and moving around, you have to stay in remembrance. This study remains in the intellects of you *students*. Students work hard during examinations so that they do not fail. They especially go to a park to study in the morning, because the *vibrations* of noise in the house are dirty. The Father has explained: Instil the practice of being soul conscious and you won't then forget. There are many places for solitude. In the beginning, after you finished *class* you would go to the mountains. Now, day by day, *knowledge* is getting deeper. *Students* remember their *aim and objective*. This is the study to go into the stage of retirement. No one, apart from the One, can teach you. Sages and holy men all teach you devotion. Only the one Father shows you the way to go beyond sound. Only the one Father takes everyone back home. This is now your unlimited stage of retirement which no one knows about. The Father says: Children, all of you are in the stage of retirement. The whole world is in the stage

of retirement. Whether someone studies or not, everyone has to return home. All souls will go to the incorporeal world and will go to their own *sections*. The tree of souls that is created is *wonderful*. The cycle of this whole *drama* is absolutely *accurate*. There cannot be the slightest difference. There are *lever* and *cylinder* clocks. *Lever* clocks are very *accurate*. Here, too, the intellects' yoga of some is like a *lever* clock whereas that of others is like a *cylinder* clock. Some are not able to have yoga at all. It is as though the clock is not working at all. You have to become like a complete *lever* clock because only then will you go into the kingdom, whereas those who are *cylinders* will become part of the subjects. You have to make effort to become a *lever* clock. The saying, "A handful out of multimillions", only refers to those who are to claim a royal status. They are the ones who become threaded in the rosary of victory. You children understand that this truly does take effort. They say: Baba, I repeatedly forget You. Baba explains: Children, the stronger you become, the more powerfully Maya will fight you. They have to be very cautious in wrestling. Strong ones recognise strong ones. It is the same here. There are mahavir children, and they too are numberwise. Maya brings very strong storms to very good maharathis. Baba has explained: No matter how much Maya troubles you and brings you storms, you just have to remain cautious. You must not be defeated by any situation. Let storms come in your thoughts, but you must not perform those actions through the physical organs. Storms come to make you fall. If there were no battle with Maya, how could you be called strong wrestlers? You must not be concerned about the storms of Maya. However, while moving along, you become influenced by your physical organs and immediately fall. This Father explains to you every day: You must not perform any sinful deeds through the physical organs. If you don't stop performing unlawful deeds, you will claim a status worth a few pennies. Internally, you yourself understand that you will fail. Everyone has to return home. The Father says: If you remember Me, that remembrance is never destroyed. By remembering Me even a little, you will go to heaven. You understand what status you will receive by remembering Me a little and what status you will receive by remembering Me a lot. What each one will become cannot stay hidden. You can understand for yourself what status you would attain if you were to have *heart failure* now. You can even ask Baba. As you progress further, you will understand this for yourself. Destruction is just ahead. Storms, rain, natural calamities do not first ask you before they come. Ravan is already sitting here. This is a very big examination. Those who *pass* claim a high status. Kings have to be very wise so that they are able to look after their people. Only a few *pass* the *ICS* examination. The Father teaches you and makes you into the satopradhan masters of heaven. You know that, from satopradhan, you have become tamopradhan and that you now have to become satopradhan by having remembrance of the Father. You have to remember the Purifier Father. The Father says: Manmanabhav! This is the same *episode* of the Gita. This Gita is for becoming double crowned. It is the Father who makes you that. You have all the *knowledge* in your intellects. Those who are intelligent are able to imbibe well. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

### Night Class – 05/01/1969

You children are sitting here in *class* and you know who your *Teacher* is. *Students* remember all the time who their *teacher* is but, here, you forget it. The *Teacher* knows that the children repeatedly forget Him. You have not found such a spiritual Father before. You only meet Him at the confluence age. In the iron age and the golden age you only have physical fathers. This One reminds you that it should be firm for you children that this is the confluence age in which you children become the most elevated human beings. So, by remembering the Father, you should remember all three. When you remember the *Teacher*, you should remember all three and when you remember the Guru, you should remember all three. You definitely have to remember this. The main thing is to become pure. Those who are pure are called satopradhan; they reside in the golden age. You have been around the cycle and it is now the confluence age. The Father comes every cycle and teaches you. You reside with the Father, do you not? You also know that He is the true Satguru and that He truly shows you the path to the lands of liberation and liberation-in-life. According to the *drama plan*, we make effort and *follow* the Father. We receive teachings here and *follow* Him. Just as this one studies, so you children also make similar effort. If you want to become deities, you have to perform pure actions. There shouldn't be any rubbish remaining. The main, special thing is to remember the Father. You understand that you forget the Father, His teachings and also the pilgrimage of

remembrance. By forgetting the Father, you also forget the knowledge. You even forget that you are *students*. You should remember all three. If you remember the Father, you will also definitely remember the *Teacher* and the *Satguru*. When you remember Shiv Baba, you also need divine virtues. There is magic in remembrance of the Father. No one else can teach you children the magic that the Father teaches you. We become satopradhan from tamopradhan in this birth itself. It takes a whole cycle to become tamopradhan, and we now have to become satopradhan in this one birth. It depends on how much effort each one makes. It isn't that the whole world makes effort. Those of other religions will not make effort. Children have had visions of how the founders of religions come. They have played their *parts* in such-and-such a dress. They go into the tamopradhan stage. Your understanding also says that, just as you become satopradhan, so everyone else will also become this. You take the donation of purity from the Father. Everyone calls out: *Liberate* us from here and take us back home. Become our *Guide*. According to the *drama plan*, everyone has to return home. You have returned home many times. Some do not stay at home for the full 5000 years, and some stay in the home for the full 5000 years. They come here at the end, and so it would be said that they have stayed in the land of peace for 4,999 years. We would say that we have been in this world on this earth for 4,999 years. You children have the faith that you have taken 83 or 84 births. Those who are very clever would definitely have come first. Achcha. Love, remembrance and *good night* to the sweetest spiritual children.

#### Essence for dharna:

1. In order to become satopradhan, *charge* your *battery* with the pilgrimage of remembrance. Become free from making mistakes. Keep your *register* good. Do not make mistakes.
2. Do not perform unlawful actions. Do not be concerned about the storms of Maya but become a conqueror of your physical organs. Make *accurate* effort like a *lever* clock.

**Blessing:** May you be an easy yogi who always stays happy in the awareness of your relationship and attainments.

The basis of easy yoga is your relationship and attainments. Love develops on the basis of a relationship and, where there are attainments, the mind and intellect easily go there. In your relationship, remember it with the right of "mine". Say, "My Baba", from your heart and let the treasures of powers, knowledge, virtues, happiness and peace, bliss and love that you have received from the Father *emerge* in your awareness. There will be limitless happiness from this and you will become an easy yogi.

**Slogan:** Become free from any consciousness of the body and all other relationships will automatically finish.

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