

Essence: Sweet children, become introverted and practise staying in remembrance. *Check* for how long you remain soul conscious and God conscious.

Question: What are the signs of the children who sit in solitude and *practise* being soul conscious?

Answer: 1) No wrong words emerge through their lips. 2) They have brotherly *love* for each other and remain like milk and sugar. 3) They have very good dharna. They never perform any sinful acts. 4) Their vision is very sweet; they never become body conscious. 5) They never cause sorrow for anyone.

Om shanti. The spiritual Father speaks to you spiritual children. If He were to say “only to the spirits” it would not be to human beings. This is why the spiritual Father says: Spiritual children, consider yourselves to be souls. We souls are receiving this *knowledge* from the Father. You children have to remain soul conscious. The Father has come to take you children back home. Although you are soul conscious in the golden age, you are not God conscious. Here, you become soul conscious and God conscious, that is, you are the children of the Father. There is a great deal of difference between there and here. Here, there is this study whereas there is no question of this study there. Here, if you continue to listen with the faith that each one of you is a soul and that the Father is teaching you, you would be able to imbibe knowledge well and you would continue to become soul conscious. Although it sounds very easy, the destination of stabilising oneself in this stage is very high. You children should relate your own experience of how you consider yourself to be a soul while speaking to others and seeing them as souls. The Father says: Although I am sitting in this body, this is my natural *practice*. I consider the children to be souls. I teach souls. It is also souls that play *parts* on the path of devotion. They become impure while playing their *parts*. Souls have to become pure again. Until you consider the Father to be the Supreme Soul and remember Him, how can you become pure? For this, you children have to become introverted and practise having remembrance. *Knowledge* is very easy but you have to have this firm faith: “I, the soul, am studying and Baba is teaching us.” You will then be able to imbibe knowledge and not commit any sin. It is not that you no longer commit sin at this time. Only at the end will you become conquerors of sin. The vision of brotherhood is very sweet. There is no body consciousness in that. You children understand that the Father’s *knowledge* is very *deep*. If you want to become the highest on high, you have to *practise* this very well and think about this very well. You need solitude in order to become introverted. You cannot have solitude at home or while doing business like the solitude you have here. Here, you can *practise this* very well. You must only see the soul. You also have to consider yourself to be a soul. By your *practising* this here, the habit will be instilled. You also then have to keep your own *chart*: To what extent have I become soul conscious? We speak to souls. We converse with them. You need to *practise* this very well. You children understand that this aspect is correct. To remove body consciousness and become soul conscious, to imbibe this and inspire others to imbibe it, to consider yourself to be a soul and remember the Father is a very *deep chart*. Even the big maharathis understand that the *subject* Baba gives us daily to churn has very *deep points*. Then, no wrong words will emerge from your lips. There will be a lot of *love* among brothers. All of us are the children of God. You know the Father’s praise. Krishna’s praise is separate. He is called “all virtuous and completely viceless”, but where did he receive those virtues from? His praise is different but he was made completely virtuous by the Father, the Ocean of Knowledge, was he not? You should check yourselves very carefully. You have to keep an accurate account at every step. Businessmen write up their accounts for the whole day at night. You also have a business. At night, you should check yourselves as to whether you spoke to others while considering them to be your brothers and whether you caused sorrow for anyone, because you understand that all you brothers are going to the ocean of milk. This is the ocean of poison. You are now neither in the kingdom of Ravan nor in the kingdom of Rama. You are in between and so you have to consider yourselves to be souls and remember the Father. You should check to what extent you are able to maintain the stage of the vision of brotherhood. All of us souls are brothers and we are playing our *parts* through these bodies. Souls are imperishable and bodies are perishable. We have now played our *parts* of 84 births. The Father has now come. He says: Remember Me alone. Consider yourselves to be souls. You become brothers by considering yourselves to be souls. The Father explains this. No one except the Father has the *part* of explaining these things. There is no question of inspirations. Just as a *teacher* sits and explains, in the same way the Father explains to the children. These are things to think about. You also have to give time to this. The Father has given you permission to carry on with your business etc., but it is also essential to stay on the pilgrimage of remembrance. You should make *time* for this. Everyone’s *service* is also different. Some can find a lot of *time*. You should also write with tact in the *magazines* how you can

remember the Father here. You have to consider one another to be brothers. The Father comes and teaches all souls. It is now that you each have to fill the soul with the sanskars of divine virtues. People ask you what the ancient yoga of Bharat is. You can explain to them but, as yet, there are very few of you and your name hasn't become that well known. God teaches you yoga. He must surely have children. They must realize that no one knows how incorporeal God, the Father, comes and teaches. He Himself speaks: I come at the confluence of every cycle and tell you how I come and whose body I enter. There is no question of becoming confused about this. This is a predestined *drama*. I only come in the one. Establishment takes place through the Father of Humanity. He becomes the first, especially beloved child. I establish the original eternal deity religion through him. Then he becomes the first *number* again. The explanation in this picture is very good. No one else can explain how Brahma becomes Vishnu or how Vishnu becomes Brahma. You need clever methods to explain. You know how Baba establishes the original eternal deity religion and how the cycle turns. No one else can know these things. Therefore, the Father says: Write using such clever methods: Who can teach you the correct yoga? When people come to realize this, many will come to you. All of those big ashrams will then begin to shake. This will happen at the end, and they will be *wonderstruck* as to how there are so many institutions on the path of devotion and not a single one on the path of knowledge. Only then will there be victory for you. You also know that the Father comes every 5000 years. You are studying with the Father and you also teach others. How can you explain to someone in writing? All of these methods are invented every cycle so that many can come to know. No one except the one Father can establish the one religion. You know that there is Ravan on the one side and Rama on the other side. You are gaining victory over Ravan. All others belong to the community of Ravan. There are very few of you who belong to the community of God. There is so much *show* on the path of devotion. Wherever there is water, a gathering takes place. They spend so much money. Many drown and die. That does not happen here. Nevertheless, the Father says: It is a great wonder how some recognise Me, listen to Me, explain to others and observe purity, and then, o Maya, they are defeated by you! This happens every cycle. There are those who become defeated by Maya. There is a war with Maya. There is also the influence of Maya. The path of devotion has to shake. You experience the reward for half the cycle and then devotion begins in the kingdom of Ravan. The signs of this remain all the time. When they indulge in vice, they can no longer be deities. No one in the world knows how they became vicious. It is written in the scriptures that the deities went onto the path of sin but they don't know when they went. You have to understand all of these aspects clearly and explain them to others. It is only when your intellects have faith that you can understand these things. They will feel a pull and say: We want to meet such a Father. However, you should first see whether they still have that intoxication when they go back home and whether their intellects still have faith. They should have a craving for remembrance. They would write a letter to say: You are our true Baba. We receive the highest inheritance from You. We cannot stay without meeting You. A meeting takes place after an engagement. There is eagerness to meet one another after the engagement. You understand that our unlimited Father is our *Teacher* and our Bridegroom and that He is our everything. You receive sorrow from everyone else whereas, in contrast to that, the Father gives you so much happiness. There, too, everyone gives each other happiness. At that time you are bound in a relationship of happiness. This is the most auspicious age in which you become the most elevated human beings. The main thing is to consider yourself to be a soul and remember the Father with a lot of love. It is through this remembrance that your mercury of happiness will rise. We are the ones who have done the most devotion and have stumbled a great deal. The Father has now come to take us back home and so you definitely have to become pure and also imbibe divine virtues. You have to keep a chart of how many you gave the Father's introduction to throughout the day. You cannot be happy without giving the Father's introduction. There is great eagerness to give this. Many obstacles are created in this sacrificial fire. Many are beaten. There are no other spiritual gatherings where there is the question of observing purity. Here, you become pure and devilish people create obstacles. You have to become pure and return home. It is the soul that carries the sanskars. It is said: If you die on the battlefield, you go to heaven. This is why they go in great happiness to fight. Many *commanders*, *majors* and soldiers come to you from many different places. How can they go to heaven? While on the battlefield, they remember their friends and relatives. The Father now explains: Everyone has to return home. Consider yourself to be a brother soul and remember the Father. The more effort you make, the higher the status you will claim. They say, "We are all brothers," but they don't understand the meaning of that. They don't even know the Father. People believe that they do altruistic service and that they don't want any reward, but they definitely do receive the fruit of

it. Only the one Father does altruistic service. You children understand that the Father is defamed a great deal and that deities are also defamed. Now, deities cannot commit violence. Here, you become *doubly* non-violent: neither do you use the sword of lust nor do you become angry. Anger too is a big vice. Some say: We become angry with our children. The Father explains: You must never slap them. They are your brothers. There is a soul in that body too. A soul never becomes smaller or larger. They are not your children but your younger brothers. You have to consider them to be souls. You must not beat your younger brother. This is why Krishna has been shown tied to a pole. In fact, those things never really happened. They are just different moral teachings. Why would Krishna want to steal butter? They wrongly praise him for stealing butter. When you praise him, you praise him correctly: He is full of all virtues, 16 celestial degrees full. However, this defamation is fixed in the *drama*. Everyone has now become tamopradhan. The Father comes and makes you satopradhan. It is the unlimited Father who is teaching you. You have to follow His directions. This is the most *difficult subject* of all. You also claim a very high status. If it were easy, everyone would engage themselves in this examination. It takes great effort. You commit sin by being body conscious. This is why the example of the “Touch-Me-Not” plant is given. By remembering the Father, you become alert. By forgetting Him you make one mistake or another and your status is reduced. Everyone was given those teachings; they wrote the Gita of these teachings later. Many fearful stories have been written in the Garuda Purana in order to make people afraid. There is sin in the kingdom of Ravan because it is the forest of thorns. The Father says: Transform your vision. You have been accustomed to that vision for a long time and this is why your love is drawn towards bodily beings. What benefit is there in having love for perishable things? By having love for the imperishable One, your attainment becomes imperishable. You children have been given this *direction*: While walking, talking and moving around, remember the Father. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Remove your love from perishable bodies and have love for eternal souls. Remember the imperishable Father. Practise: Souls are brothers and I am conversing with my brother soul.
2. Churn the ocean of knowledge and create such a stage that no wrong words emerge through their lips. *Check* your account at every step.

Blessing: May you always be in the company of the Truth (satsang – gathering of truth) for, by staying in God’s company, you protect yourself from being attacked by any wrong company. No matter how bad the company you are in may be, your elevated company is many times more powerful compared to them. In front of God’s company, that company is nothing. All are weak, but when you yourself become weak, you are then attacked by wrong company. Those who constantly stay in the company of the one Father, that is, those who are always in the company of the Truth cannot be influenced by the colour of anyone else’s company. Wasteful situations and wasteful company, that is, wrong company cannot attract them.

Slogan: Those who change something bad into something good can remain happy hearted.

*** OM SHANTI ***