

**Essence:** Sweet children, your duty is to talk to yourselves and become pure. Do not *waste your time* thinking about other souls.

**Question:** By having what thoughts in your intellects do you break all your old habits?

**Answer:** We are the children of the unlimited Father and so we are the masters of the world. We have to become deities. If this enters your intellects, all your old habits will be broken. Whether you are told to or not, those habits will automatically be renounced. You will renounce your wrong food and drink and alcohol etc. by yourselves. You would say: Wonderful! We have to become Lakshmi and Narayan. We receive our fortune of the kingdom for 21 births, so why would we not remain pure?

Om shanti. The Father repeatedly draws the *attention* of you children: Are you sitting in remembrance of the Father? Your intellects do not wander in other directions; do they? Therefore, you call out to the Father: Baba, come and make us pure. You definitely do have to become pure. You can explain this *knowledge* to anyone. If you explain to others how this world cycle turns, they will quickly understand it. Even though they might not become pure, they will study the *knowledge*. This is not a big thing. The cycle of 84 births, the duration of each age and how many births there are in each age - it is so easy! This has no *connection* with remembrance. This is the study. The Father is explaining right things to you. Otherwise, it is a matter of becoming satopradhan and that will happen by having remembrance. If you don't have remembrance, you will receive a very low status. You won't be able to claim such a high status and this is why it is said: *Attention!* Let your intellects be in yoga with the Father. This is called ancient yoga. Everyone would have yoga with a *teacher*. The main thing is remembrance. It is only by having the pilgrimage of remembrance that you can become satopradhan. Then, having become satopradhan, you have to return home. However, the study is very easy; even an infant can understand it. It is only in this remembrance that there is a war with Maya. You try to remember the Father and Maya pulls you to her and makes you forget. You would not say that Shiv Baba is sitting in you or that you are Shiva; no. "I am a soul and have to remember Shiv Baba". It isn't that Shiva has entered you; that cannot be possible. The Father says: I do not enter anyone else. I only ride in this chariot and explain to you children. Yes, if a child has a *dull* intellect and a good seeker comes, I can enter that child for the sake of *service* and give drishti to that seeker. I cannot sit in that one all the time. I can adopt many forms and benefit anyone. However, no one can say that Shiv Baba has entered him and that this is what Shiv Baba is telling him; no. Shiv Baba only explains to the children. The main thing is to become pure so that you can then go to the pure world. The cycle of 84 births is explained very easily. The pictures are put up just in front of you. No one, apart from the Father, can give this much knowledge. It is souls that receive *knowledge*. This is called the third eye of knowledge. It is souls that feel happiness and sorrow. The soul has this body. It is the soul that becomes a deity. When someone becomes a *barrister* or a businessman, it is the soul that becomes that. So, the Father now sits here and speaks to you souls and gives you His own introduction. When you were deities, you were human beings, but you were pure souls. You are not pure now and this is why you cannot be called deities. Now, in order to become deities, you definitely do have to become pure. You have to remember Baba for that. Generally, it is said: Baba, I made this mistake because I became body conscious. The Father sits here and explains to you children: You definitely do have to become pure. Do not commit any sins. You have to become full of all virtues here. By becoming pure, you will go to the land of liberation. There is no need to ask any other questions. Talk to yourself. Do not worry about other souls. They say: Two million souls died in the war. Where did all those souls go? Wherever they went, what does that matter to you? Why are you *wasting your time*? There is no need to ask other questions. Your duty is to become pure and become the masters of the pure world. By going into other matters you will become confused. If someone doesn't receive a proper response, he would be confused. The Father says: Manmanabhav! Renounce your body and all bodily relations. You have to come to Me. When a person dies and his body is being taken to the cremation ground, his face is away from the cremation ground and the feet are towards the cremation ground. Then, as they come close to the cremation ground, he is turned around so that his face is towards it. Your home is up above. No impure beings can go up above. In order to become pure your intellects have to be connected in yoga with the Father. You have to go to the Father in the land of liberation. It is because you are impure that you call out: Come and make us impure ones pure! *Liberate* us! The Father says: Now become pure! The

Father explains in the same language every cycle. He explains in this one's language. Nowadays, Hindi is a common language. It isn't that He can change His language. No, the language of deities is not Sanskrit. Sanskrit is not the language of the Hindu religion. It has to be just the Hindi language. So, why would He take up the Sanskrit language? The Father says: When you sit here, sit in remembrance of the Father. Do not get involved in anything else. So many mosquitoes emerge, so where do they go? So many people die instantly in an *earthquake*, so where do all those souls go? What does that matter to you? The Father has given you *shrimat*: Make effort for your progress. Do not be concerned about others. Otherwise, there would be concern for so many things. Simply remember Me, that is all. Just continue with the method for which you have called Me. You have to claim your inheritance from the Father. Do not get involved in other things. This is why Baba repeatedly says: *Attention!* Check that your intellect does not go anywhere else. You should obey God's *shrimat*. There isn't any benefit in anything else. The main thing is to become pure. Remember this firmly: Our Baba is our Baba, our *Teacher* and also our *Preceptor*. Definitely keep this in your heart: The Father is the Father, He is teaching us. He is teaching us yoga. When a *teacher* is teaching you, your intellects are connected in yoga to only the *teacher* and the study. This Father says: You now belong to the Father. You are the children and this is why you are sitting here and studying with the *Teacher*. No matter where you live, you belong to the Father so you then also have to pay *attention* to the study. If you remember Shiv Baba, your sins will be absolved and you will become *satopradhan*. No one else can give this *knowledge*. People are in extreme darkness. Look how much strength there is in knowledge! Where do you receive this strength from? You receive this strength from the Father through which you become pure. Then this study is *simple*. Other studies take many months. Here, it is just a *course* of seven days. By doing it, you will understand everything. Then, everything depends on your intellect. Some take a long *time* and others take a short time. Some understand everything very well in just two to three days. The main thing is to remember the Father and become pure. This is the difficulty, but the study is most *simple* otherwise. You have to become a spinner of the discus of self-realisation. Even by taking one day's *course* you can understand everything. We are souls, children of the unlimited Father. Therefore, we are definitely the masters of the world. This enters your intellects. If you want to become deities, you also have to imbibe divine virtues. Those who have this in their intellects will instantly renounce all their habits. Whether you tell them to do so or not, they will do it by themselves. They themselves would renounce their wrong food, drink and alcohol etc. Wonderful! I want to become this (Lakshmi and Narayan). I am receiving my fortune of the kingdom for 21 births, so why would I not remain pure? You should cling to this. The main thing is the pilgrimage of remembrance. However, the *knowledge* of the cycle of 84 births can be received in a *second*. You can understand by just looking at it. A new tree would definitely be small. The tree has now become so big and *tamopradhan*. Tomorrow, it will become new and small. You know that you cannot receive this knowledge anywhere else or at any other time. This is a study. The first main teaching you receive now is: Remember the Father! Instil the faith in yourselves that the Father is teaching you. God speaks: I teach you Raj Yoga. No human being can say this. When a *teacher* is teaching you, you would surely remember him. That One is also the unlimited Father. He is making us into the masters of heaven but how can souls become pure? No one can tell you this. Even if they call themselves God or anything else, they cannot make you pure. Nowadays, many have become God! People have become confused. They say that innumerable religions emerge, and so how can we tell which one is *right*? Although you have your exhibitions and *museums* etc. inaugurated by them, they don't understand anything. In fact, the inauguration has already taken place. First the *foundation* is laid, and when the building is ready, its inauguration takes place. People are invited even for the laying of the *foundation*. The Father carries out the establishment of this but the inauguration of the new world will definitely take place. There is no need for anyone to carry out that inauguration. The inauguration will take place by itself. We will study here and then go to the new world. You understand that you are now carrying out establishment for which you have to make effort. When destruction takes place, this world will change. You will then go and rule in the new world. The Father carries out the establishment of the golden age. When you come, you will receive the kingdom of heaven, but who will carry out the *opening ceremony*? The Father does not go to heaven. As you progress further, you will see what there is to be in heaven and what there will be at the end. You will understand all of this as you make progress. You children know that, without purity, you cannot go to heaven *with honour*. You

cannot even claim that much of a status. Therefore, the Father says: Make a lot of effort! You may do your business etc. but what would you do with a lot of money? You won't be able to eat it! Even your children and grandchildren etc. will not be able to eat from that. Everything will turn to dust. Therefore, be wise and keep a little *stock*, but *transfer* everything else there. Not everyone can *transfer* it. The poor *transfer* everything quickly. On the path of devotion, they *transfer* everything for their next birth but that is *indirect* whereas this is *direct*. Impure human beings have give and take with impure human beings. The Father has now come and so you no longer have any give and take with impure beings. You are Brahmins. You have to help Brahmins. Those who themselves do *service* do not need help. The poor and wealthy etc. come here, but hardly any millionaires come. The Father says: I am the Lord of the Poor. Bharat is a very poor country. The Father says: I come in Bharat, and in that too, this Abu is the greatest pilgrimage place of all where the Father comes and grants salvation to the whole world. This is hell. You know how hell changes into heaven. You now have all the *knowledge* in your intellects. The Father shows you such a method to become pure that everyone is benefited. In the golden age, there is no question of loss or any weeping and wailing etc. The praise of the Father at this time is that He is the Ocean of Knowledge and the Ocean of Happiness. The praise of the Father is also your praise at this time. You too become oceans of bliss; you give happiness to many. Then, when you souls carry those sanskars to the new world, your praise there will change. You will be called those who are full of all virtues. You are now sitting in *hell*. This is called the forest of thorns. The Father alone is called the Master of the Garden and the Boatman. Because they are unhappy, people sing: Take our boat across! So, souls call out. Although they sing His praise, they don't understand anything. They simply say whatever enters their minds. They continue to defame God, the Highest on High. You would say that you are theists. The Bestower of Salvation for All is the Father and we now know Him. The Father Himself has given His own introduction. They harass you so much because you no longer do devotion. They are in the *majority* whereas you are in the *minority*. When you are in the *majority*, they too will be pulled and the locks on their intellects will open. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### Essence for dharna:

1. Only be concerned about your own progress. Do not get involved with anything else. Pay full *attention* to having remembrance and to studying. Do not allow your intellect to wander.
2. The Father has now come here *directly*. Therefore, *transfer* everything you have wisely. Do not have any exchange with impure souls. In order to go to heaven *with honour*, you definitely do have to become pure.

**Blessing:** May you experience a high stage with yoga and become a *double-light* angel. Because you Raj Yogi children experience a high stage in yoga, hatha yogis elevate their bodies. Wherever you stay, you stay in a high stage and so they say that yogis stay in a high place. The place of your minds' stage is high because you have become "*double light*". It is anyway said: Angels do not set their feet on the ground. An angels is one whose feet of the intellect are not on the ground and who is not body conscious. Angels have no attachment to the old world.

**Slogan:** Now fill your account of blessings and everyone will continue to receive blessings from your non-living images for many births.

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