

## **SWA MAAN / SANKALP / SLOGAN: SWAROOP BANO**

July 07, 2013:

हम परमात्म शक्तिवाली आत्माएँ, एकाग्र रहकर सूक्ष्म शक्तियों की लीलाएँ अनुभव करनेवाली, अन्तर्मुख हैं...

With concentration, we, the introverted souls with God's power, experience the unique and divine activities of the subtle powers...

Hum parmaatm shakti wali atmaayen, ekaagr rahkar sukshm shaktiyon ki leelaayen anubhav karnewale, antarmukh hain...

Points are in 3 languages: Hindi, English and Hinglish (Hindi written in English Script) Please scroll down to the language of your choice.

**These points are especially useful to those learning Hindi or English.**

Om Shanti Divine Angels!!!

Points to Churn from the Murli of July 07, 2013 (Revised January 26 & 31, 1977)

### ***Praise of Baba:***

The Ocean of Knowledge, the Incorporeal Purifier, the Supreme Father, and the Supreme Soul Shiv Baba is.... My Baba...Sweet Baba...Lovely Baba...Kind-hearted Baba...Compassionate Baba...the True Father...the True Teacher...the Unlimited Father... the Almighty Authority...the Truth, the Living Being, the Blissful One and the Seed... the Bestower of Salvation... Knowledge-full...

### ***Points of Self-Respect and Soul Study:***

1. We, the souls, are experienced in transforming the attitudes and visions of many...no matter how far away the souls may be physically, we make them experience being in front of us personally...we are the spiritual servers who constantly have a clear connection and experience all relationships with BapDada, and see the practical results of the powerful power of silence...
2. We have God's power, the most elevated power... With concentration in our thoughts and concentration in our stage on the basis of being introverted, we experience the unique and divine activities of the subtle powers...we experience the spiritual divine activity of invoking souls, of having heart-to-heart conversation with souls, of transforming the nature and the sanskars of the souls, and of enabling souls to forge a connection with the Supreme Father...
3. We give blessings of peace, power and freedom from disease from a distance to souls who have not attained anything, and who are peace less, unhappy and diseased... we do spiritual service in the world of spirits at a fast speed... we are conquerors of obstacles...we make those in whom we still have hope experience spiritual power, make them experience love and spirituality through our form, and give an experience of comfort...we are the embodiments of peace giving the

experience of shanti kund (an area of peace) in the midst of peacelessness and upheaval...

4. We are the knowledge-full serviceable souls who attract many souls from a distance with the power of concentration...by taking a vow of maintaining our spirituality, we stay beyond the upheaval of wasteful thoughts, wasteful words and wasteful deeds, maintain our concentration, and show other souls the miracles of the Sun of Knowledge...
5. We, the souls, with the personality of purity, attain imperishable property from the Father and become complete...we perform every action in our stage of being a master almighty authority...we are masters of the unlimited with the unlimited treasure of happiness...we are the few of the multimillions, and the few of the few who finish worries of the self and everyone else and have pure and positive thoughts of all... we constantly sing praise of our fortune, go beyond all questions and remain content within our heart... by taking a vow of purity, by imbibing purity in our thoughts, words and deeds, we see our crown of light very clearly, and wear a crown, sit on the throne and get anointed with a tilak...
6. With feelings of mercy and good wishes in our hearts, by being in a stage of being completely ignorant of desires, by having an extremely powerful seed stage, we fulfill all the desires of devotees and enable them to attain everything... by being the children of the Bestower of Fortune, we become the bestowers of fortune...we are images that grant visions same as the Father, stabilized in the highest authority... we are great deities and bestowers of blessings full of blessings who constantly give... we are great donors who constantly donate as bestowers and fulfill desires of all souls...

ॐ शान्ति दिव्य फरिश्ते !!!

विचार सागर मंथन: July 07, २०१३ (Revised January 26 & 31, 1977)

### **बाबा की महिमा:**

ज्ञान के सागर पतित पावन निराकार परमपिता परमात्मा शिव बाबा हैं...मेरा बाबा... मीठा बाबा...प्यारा बाबा... दयालु बाबा...कृपालु बाबा... सत बाप...सत टीचर...सत गुरु... बेहद का बाप... सर्वशक्तिमान...सत चित आनंद स्वरूप...बीजरूप...सदगति दाता... नॉलेजफुल...

### **स्वमान और आत्मा अभ्यास:**

1. हम आत्माएँ, मन्सा द्वारा अन्य की वृत्ति और दृष्टि परिवर्तन करनेके अनुभवी, योग बल से दूर रहनेवाली आत्माओं को सम्मुख का अनुभव करानेवाले, बाप दादा से निरन्तर क्लियर कनेक्शन और रिलेशन रख अपनी पावरफुल साइलेन्स की शक्ति का प्रत्यक्ष परिणाम देखनेवाले, रूहानी सेवाधारी हैं...
2. विशेष संकल्पों और स्थिति में एकाग्र रहकर सूक्ष्म शक्तियों की लीलाएँ अनुभव करनेवाले, अपनी मन्सा शक्ति द्वारा आत्माओं का आह्वान कर रूह-रूहान करनेवाले, आत्माओं के स्वभाव संस्कार को परिवर्तन कर बाप से कनेक्शन जुड़वानेवाले, परमात्म शक्ति अर्थात् सर्व श्रेष्ठ शक्तिवाले, अन्तर्मुख हैं...

3. अप्राप्त आत्मा को, अशान्त, दुखी रोगी आत्मा को दूर बैठे भी शान्ति, शक्ति, निरोगिपन का वरदान देनेवाले, रूहों की दुनिया में रूहों की सेवा तीव्र गति से करनेवाले, उम्मीदवारों को रूहानी शक्ति का अनुभव करानेवाले, आनेवाली आत्माओं को अपने स्वरूप से रूह और रूहानियत का अनुभव कराकर राहत देनेवाले, अशान्ति वा हंगामों के बीच शान्ति कुण्ड की अनुभूति करानेवाले, विघ्न जीत शान्ति स्वरूप हैं....

4. व्यर्थ संकल्प, व्यर्थ बोल, व्यर्थ कर्म की हलचल से परे एकाग्रता अर्थात् रूहानियत में रहने का व्रत लेनेवाले, अन्य आत्माओं को ज्ञान सूर्य का चमत्कार दिखानेवाले, एकाग्रता की शक्ति से दूर से अन्य आत्माओं को आकर्षण करनेवाले, सर्विसेबुल ज्ञानी तू आत्माएँ हैं...

5. हम प्योरिटी की पर्सनालिटी वाली आत्माएँ, अपनी अविनाशी प्रापटी बाप द्वारा प्राप्त कर सम्पन्न बननेवाले, अपनी मास्टर आलमाइटी अथॉरिटी स्थिति में हर कर्म करनेवाले, बेहद की खुशी के खजाने वाले, बेहद के मालिक हैं...स्वयं की और सर्व की चिंताओं को मिटानेवाले, कोटो में कोई, कोई में कोई शुभ चिंतक हैं... सदा अपने भाग्य के गुणगान करनेवाले, प्रश्न से पार प्रसन्नचित हैं...पवित्रता की प्रतिज्ञा कर हर संकल्प, बोल और कर्म में प्योरिटी को धारण कर अपना लाइट का क्राउन स्पष्ट देखनेवाले, ताजधारी तिलकधारी, तख्तधारी हैं...

6. “इच्छा मात्रम अवीद्या” की स्थिति, अर्थात् सम्पूर्ण शक्तिशाली बीज रूप स्थिति से भक्तों की सर्व इच्छाएँ पूर्ण कर सर्व प्राप्ति करानेवाले, रहमदिल और कल्याणी हैं...साक्षात् बाप समान सदा साक्षात्कार मूर्त, सदा हाइएस्ट अथॉरिटी की स्थिति में स्थित, विधाता के बच्चे, विधाता हैं... सब आत्माओं की कामनाओं सम्पन्न करनेवाले, दाता के समान देनेवाले महादानी, सर्व वरदानों से सम्पन्न वरदानी, सदा देनेवाले महान देवता हैं...

Om Shanti divya farishte !!!

Vichaar Sagar Manthan: July 07, 2013 (Revised January 26 & 31, 1977)

### ***Baba ki Mahima:***

Gyan ke Sag ar Patit Paavan Niraakaar Parampita Paramatma Shiv Baba hain...Mera Baba... Meetha Baba... Pyaara Baba...Dayalu Baba...Kripalu Baba... Sat Baap...Sat Tichar...Sat Guru... Behad ka Baap... Sarv shakti maan...Sat Chit Anand Swaroop...Beejroop...Sadgati Data... Nolej ful...

### ***Swamaan aur Atma Abhyas :***

1. Hum atmaayen, mansa dwara kisi bhi atma ki vritti aur drishti parivartan karneke anubhavi, yog bal se door rahnewali atmaaon ko sammukh ka anubhav karaanewale, baap dada se nirantar kliyar kanekshan aur rilesan rakh apni paavar ful saailens ki shakti ka pratyaksh parinaam dekhnewale, ruhaani sevaadhaari hain...
2. vishesh sankalpon aur sthiti men ekaagr rahkar sukshm shaktiyon ki leelaayen anubhav karnewale, apni mansa shakti dwara atmaaon ka aahvaan kar ruh-ruhaan karnewale, atmaaon ke swabhaav sanskaar ko parivartan kar baap se kanekshan judwaanewale, parmaatm shakti arthaarth sarv shreshth shakti wale, antarmukh hain...
3. apraapt atma ko, ashant, dukhi rogi atma ko door baithe bhi shanti, shakti, nirogipan ka vardaand newale, ruhon ki duniya men ruhon ki

sewa tivir gati se karnewale, ummidwaaron ko ruhaani shakti ka anubhav karaanewale, aanewali atmaaon ko apne swaroop se ruh aur ruhaaniyat ka anubhav karaakar raahat denewale, ashaanti va hangaamon ke beech shanty kund ki anubhooti karaanewale, vighn jeet shanti swaroop hain....

4. vyarth sankalp, vyarth bol, vyarth karm ki halchal se pare ekaagrata arthaat ruhaaniyat men rahne ka vrat lenewale, any atmaaon ko gyan soory ka chamatkaat dikhaanewale, ekaagrata ki shakti se door se any atmaaon ko aakarshan karnewale, sarvisebul gyaani too atmaayen hain...
5. Hum pyority ki parsnaality wali atmaayen, apni avinaashi praaparty baap dwaara praapt kar sampann ban newale, apni mastar almaaity authority sthiti men har karm karnewale, behad ki khushi ke khajaane wale, behad ke maalik hain...swayam ki aur sarv ki chintaaon ko mitaanewale, koto men koi, koi men koi shubh chintak hain... sada apne bhaagy ke gun gaan karnewale, prashn se paar prasann chit hain...pavitrtta ki pratigya kar har sankal, bol aur karm men pyority ko dhaaran kar apna laait ka kraaun spasht dekhnewale, taaj dhaari tilakdhaari, takht dhaari hain...
6. "ichchha maatram avidya" ki sthit, arthaart sampoorn shaktishaali beej roop sthti se bhakton ki sarv ichchaayen poorn kar sarv praapti karaanewale, rahamdil aur kalyaani hain...saakshaat baap samaan sada saakshaatkaar moort, sadaa haaiest authority ki sthiti men sthith, vidhaata ke bachche, vidhaata hain... sab atmaaon ki kaamnaon sampann karnewale, data ke samaan denewale mahaadaani, sarv vardaanon se sampann vardaani, sada denewale mahaan devta hain...

In the daily murlis, Bapdada gives vardaana to the entire Brahmin family spread all over the world. *Baba also remarked in the murli, dated 7-1-2012 that serviceable children will make cartoons after listening to the murli.* Visualization makes remembrance of the blessing throughout the day easier and thus makes it more fruitful.





July 07, 2013 (Revised January 26 & 31, 1977)

Experience the divine activities of subtle power through introversion.  
The way to enable your devotees to attain everything  
is to have a stage of being ignorant of the knowledge of desires.

**Blessing:** May you be an embodiment of peace who gives the experience of a shanti-kund (an area of peace) in the midst of peacelessness and upheaval.

When there is upheaval in any place, then, at that time of quarrelling, show the wonder of the power of peace. It should enter everyone's intellect that it is a shanti-kund here. Be a shanti-kund and spread the power of peace. Be an embodiment of peace and give the experience of a shanti-kund. At that time, you won't be able to serve through words, but with the power of the mind, you will be able to reveal a shanti-kund. Everyone should receive the vibrations that they will receive peace only there. So, create such an atmosphere.

**Slogan:** To finish all worries of the self and everyone else is to be one who has pure and positive thoughts for everyone.