

Today's Thoughts: April 04, 2020: *Getting on with it...*



Getting on with it...

Worrying about how everything will get done or whether I am capable of doing it limits my ability to respond to challenges considerably. The less I think about doing something and the faster I just get on with it, the fewer problems I cause myself. Good planning is always helpful, but time spent fretting and procrastinating is a major drain on my energy. The more willing I am to respond positively to opportunities, the more my capacity will grow.

A New Journey With A New Personality (Part 1)

Anyone who shows an inclination in getting to know the Supreme Being closely has a fascinating journey in front of them. **Spiritual knowledge is the vehicle in which I make this extremely interesting journey full of exploration. Without sitting in the vehicle, I cannot make the journey.** As I sit in this vehicle, I am introduced to this new, multi-faced, peaceful, loveful and blissful character in my life, a character who is spiritually rich with treasures of knowledge, virtues, powers, happiness and blessings, a character commonly called God, by everyone.

He is a character who introduces himself as being just a point of conscient light, a form very simple and plain. **Yet, hidden beneath that simple light, incognito form is an immense volume of experience, wisdom and depth, such that even a lifetime spent in this journey, in his company, does not bring you to knowing him completely.** The more you dive into the ocean of knowledge contained within the light, the more you discover and the more treasures of knowledge and experiences you receive. **Every time you make contact with this new found companion called God, there is growth inside you and there is an increase of peace, love, happiness and power inside you.** It's just as if after you've begun this journey, you're never quite the same again. However much time you spend in his company during the journey, whether it be in imbibing knowledge from him or remembering him during meditation or even sharing the benefits of this journey to other friends and relatives so that they can also start this journey themselves and experience what you are experiencing; whether you do either of these for a few minutes or an hour, there's always an experience of subtle growth and development inside you.

(To be continued tomorrow...)

You'll be able to do your best when you have respect for the tasks that you are involved in.

Even the smallest task that you do becomes special when you understand why you are doing it. It then enables you to have respect for whatever you do. When you work with this respect you'll automatically do the best. Check what your feelings are in all the tasks that you are involved in throughout the day. In case you find any task as unimportant don't do it. Also tell yourself at the beginning of the day that today you will take the time to do everything properly.

Message for the day

To have learnt means to bring about a practical change.

Projection: From all that happens, I usually understand a lot of things and take important lessons. But sometimes I find myself making the same mistakes again and again. So I am not able to bring about real change.

Solution: Once I realize and learn from a mistake that has happened, I need to spend some time in understanding it even further. I need to ensure I don't ever repeat the same mistake. This will enable me to bring about real change.

