

Today's Thoughts: September 07, 2020: Speak Sweetly and Touch Hearts



Speak Sweetly and Touch Hearts

When speaking to others we usually speak from our head, or intellect. Words spoken from the head rarely touch the hearts of others. This means they don't create any impact and are soon forgotten. The solution lies in touching the hearts of others when I speak. To do that, I need to speak with my heart as well as my head and fill my words with love.

The Beautiful Personality Of God (Part 1)

Have you ever wondered why God is respected so much and seen as a guiding light by all religions? Ever seen someone who says God is imperfect? Only some who have experienced some sorrow in their lives sometimes wrongly blame God for what has happened in their lives. That too only temporarily. Later everyone realizes that God can never be blamed for anything that happens in their life. On the other hand, God only thinks good and pure for everyone and never harms anyone. This is the reason why God is trusted by everyone as the most beautiful spiritual parent who is full of good wishes for His billions of children and will never bring them down in any way. They say that God has a thousand eyes with which He takes care of the whole world and keeps a vision of love for each one irrespective of whatever keeps happening in the world. God is the Ocean of Purity. There is no one purer than Him in the entire Universe. Purity means a 100% soul conscious stage without any consciousness of the body. This is God's constant stage which never changes. God never experiences sorrow even for a second ever. He is also ever peaceful, with no trace of a negative thought or a feeling in His consciousness in spite of all the negative events happening all across the world and violence also increasing. So **God, in spite of being a parent to so many children with such different personalities, always maintains His stage of soul consciousness and in fact serves the world while being in that stage.** This is the beauty of God and this is the reason why He is the most loved one in the entire world.

So, taking inspiration from this parent, **we need to change ourselves and become a child who is similar to his spiritual Father or the Father of the soul or God. That is in the true sense loving God and that is commonly called at the Brahma Kumaris as – Follow Father.** Also, don't Follow Brother or Sister, which means love and respect everyone but follow only God, because He is constantly perfect.

(To be continued tomorrow ...)

Get out of the Box

When we get stuck in attitudes & habits, we confine ourselves to living within the 'box'.

'Boxes' can be useful. They can ground our ideas & imagination. But when the 'box' becomes rigid & outdated; that's when fear stays in & creativity stays out.

Dismantle the 'box'; the attitudes & habits that are working against you. Get out of the 'box'! Be free & live fully.

Message for the day

Faith in others enables them to be powerful

Thought to ponder: Faith in others is usually mistaken for blind faith - observing helplessly, only hoping for the best in our heart. We, then, don't consciously do anything but just hope for the best. In such a situation we subtly experience fear or tension. But this is not true faith nor is the outcome usually right.

Point to practice: Faith in others means to remain alert to what is going on and then to fill the other person with the strength of our faith to such an extent that they feel able to do whatever needs to be done. Our faith will fill them with confidence and they will be able to give their best to the task.