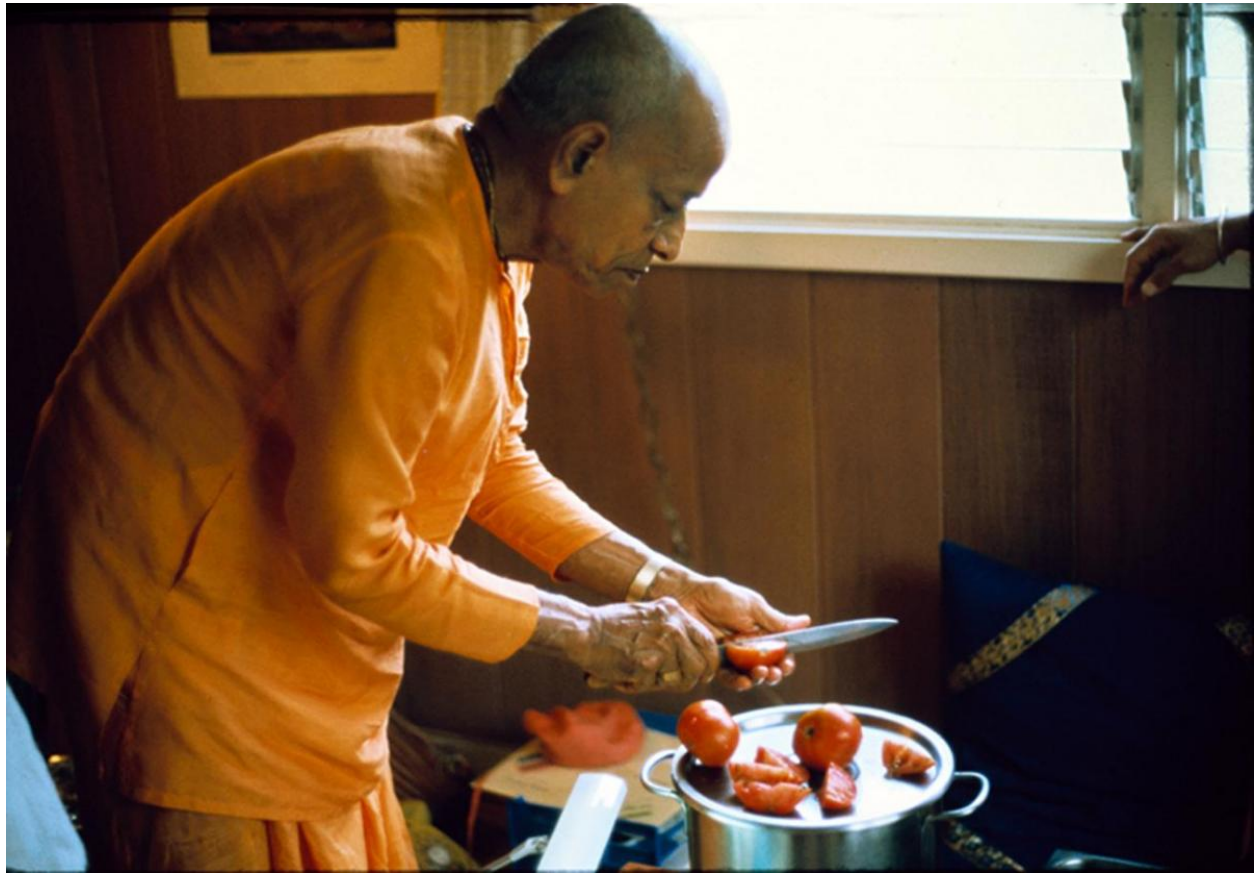


Today's Thoughts: September 08, 2020: Cooking and Eating



ISKON: Mahavishnudasa October, 2013

## **Cooking and Eating**

Cook and eat with powerful vibrations. By placing great importance on cooking and eating with loving and peaceful vibrations, you will nourish both mind and body

## **The Beautiful Personality Of God (Part 2)**

**Being a loveful parent, God maintains feelings of world benefit inside Himself and always thinks about how the world can become a beautiful land of love,** where as the saying goes that even the goat and the lion drink water together at one stream. This is just a saying but what it means is that God's role is to establish a world of pure love where humans and animals live together in peace and love. Also, He fills everyone with so much love that they become like Him by loving Him and that shows in their relationships. Remember to be in love with God, means to become loving with everyone. There are many people in the world who became sweeter individuals after they found the love of God in their lives. So, love for the Father changes itself into love for others in our life easily.

God never punishes anyone for his wrong actions but instead He showers mercy on each one and is always hopeful and positive that all His children will change for the good because they were originally pure and loveful and the present weaknesses are just temporary. This is the sweet personality of God and this is why He is worshipped and loved the most. Never think that He is God, so it is natural to love Him. No one is loved unless He is good. **God has over so many years done a lot for the billions of humans and has shown His personality to everyone.** God also comes down on Earth repeatedly after intervals of every 5000 years when the world and its people require to be changed. This is when He comes into contact with human souls and purifies them to become better individuals. It is in this journey of the world that His nature is discovered by humans and that is why after He goes away, God is remembered a lot for all that He has done.

(To be continued tomorrow ...)

## Become your own Boss

At times, the mind can be like a relentless boss, constantly giving us thoughts to think about.

Instead of letting the mind boss you around, you become the boss of your mind and make your mind work for you.

Allocate specific times to solve problems and think creatively. With thoughts that are not productive: "You are fired!"

## Message for the day

**Where there is true respect there is humility.**

**Thought to ponder:** The more respect is measured on the basis of something external, the greater the desire for recognition from others. The greater the desire, the more one falls victim to ego and there cannot be humility.

**Point to practice:** Start the day with a thought that brings self-respect. Tell yourself that you are special and you will use your specialty throughout the day. You will not dominate or limit the freedom of anyone.