

Today's Thoughts: November 12, 2020: Living in Peace



Living in Peace

In order to live in peace, try not depend on anyone and at the same time try to help others not to depend on you. Help them become independent, free and responsible for their lives. In the same way, ensure you do not cause anyone sorrow, and do not allow others to be a source of hurt for you.

The Spiritual Concept Of Becoming A Trustee (Part 3)

In the physical world, one common example of a trustee is when a multi-millionaire does not have any heirs, he or she will leave his or wealth in the hands of a trustee or a group of trustees, to ensure the right use of his/her wealth as per his/her last wish. Another common example is of trustees associated with temples and welfare organizations. All the wealth and ornaments that devotees offer in temples out of faith, love and devotion for God or all the wealth and property that people give in charity to welfare organizations is taken care of by a group of trustees. In all these cases and more, while taking care of the wealth, **honest trustees always keep the consciousness that this is not their wealth or property and will always use it in the right way, as they have been directed. This is called *keeping the trust* of the owner/owners of the wealth**, hence the word **trustee**.

In this way, now as a trustee, throughout the day I keep a consciousness that the treasures of my mind, my thoughts, words, actions, virtues, powers, time, my physical wealth, physical body etc. are the Supreme Being's property and I have been appointed as a trustee to take care of them. In this way, I will use these treasures in a positive way, for a positive purpose (as mentioned earlier for a purpose of bringing myself and other close to a state of truth) only; in a way the Supreme Being wants me to and has instructed me to do so. This establishes a relationship of detachment with the treasures I possess and also brings about my spiritual self-growth.

To celebrate achievements is to get the motivation to do more.

Normally, we expect great achievements from ourselves or from what life offers. As soon as we sow a seed, we expect instant fruits. In fact, that is not possible. We need to first celebrate small little achievements, which will of course lead us to bigger things. But, first it is important to acknowledge those little steps and appreciate them. Then, I will be able to enjoy the journey of life. Today I will move forward. Whatever is my aim, I will make effort to go one step closer to it. Today I will do something to take me closer. Not only that, I will also watch with detachment and see the beauty of my journey and the milestones I have already achieved. So, today I will take the inspiration to keep moving forward.

Message for the day

To have the awareness of being God's instrument is to bring about a positive change.

Expression: When there is the awareness of being an instrument of God, there would be the desire to do the best and be the best. So each and every thing I do would be for the improvement for the self. Due to this there would be divinity and specialty seen in everything that is done. This would also bring the awareness of all the resources and they would also be used in a worthwhile way.

Experience: When I am aware of my own role and what I contribute through my specialties, I recognize the fact that I am a beautiful instrument of God. This awareness naturally helps me be in my state of self-respect under all circumstances. I find myself giving my best and making myself more and more beautiful within. So I find that I am able to bring about a positive change with great ease.