

**Beloved Avyakt BapDada's deeply loving instrument teachers, ones who through your elevated avyakt stage make the corporeal world the subtle region, the ones who are loved by God, all self-sovereign brothers and sisters who are the decoration of the Brahmin clan, please accept sweet God's remembrance.**

All of you have done very good tapasya in the avyakt month. In many places, they had continuous yoga bhatthis. Today, to celebrate an auspicious meeting with BapDada and to have avyakt experiences, more than 19,000 brothers and sisters from the Eastern Zone (Assam, Bengal, Bihar and Orissa) have arrived in the auspicious court of Shantivan. From amrit vela, everyone has been touring to the subtle region through their avyakt stage. There is a beautiful wave of silence everywhere. From the subtle region, our beloved Avyakt BapDada has been sustaining His children in many different ways. Everyone who comes to the unlimited home of Madhuban goes away feeling very refreshed. Now, everyone has the enthusiasm to give a return of the avyakt sustenance that we have been receiving from Avyakt BapDada since the last 50 years. BapDada's hope for all the children is: Let each one remain free from the word "excuse" and through your behavior and your face, become the bestowers of liberation who give liberation to everyone. Together with the zeal and enthusiasm for service, let each one have an attitude of unlimited disinterest. This attitude of disinterest will become the basis for self-transformation and world transformation.

Our sweet Dadi Gulzarji is at the Gamdevi centre in Mumbai. Her health is gradually improving. As soon as the cold finishes, we hope that she will come back to Madhuban. The power of the pure thoughts and elevated wishes of so many Brahmin children will definitely enable Dadi to fly back to Madhuban.

Now, it is the season and splendor for all double foreign children from all over the world to come to Madhuban. Baba's children from all corners are arriving here for retreats and meetings. The home of Madhuban is always welcoming all the children.

On one side is the wave of tapasya and on the other side, there is the huge Kumbh mela at the confluence of the Triveni (three rivers). BapDada is enabling His service to take place there in many different ways. In the mela, two very attractive stalls have been created. On one side is our spiritual mela in which beautiful models and living goddesses have been decorated, where thousands of devotee souls come and take the Godly message. On the other side, a big mela has been set up by the Government for the farmers, in which a beautiful stall has been created for "Yogik farming for a Golden Bharat". Many officers, ministers and farmers are taking benefit from this. Beloved BapDada has given us so many varieties of service. Achcha.

We are sending you the elevated versions that we heard on the video in which it is the turn of the Eastern Zone to serve. Please refresh everyone with these. Lots of remembrance to all. Om shanti.

02/02/19

Avyakt BapDada

07/04/09

**Remain free from the word "reason" and become a bestower of liberation who gives liberation through your activity and face. Together with zeal and enthusiasm for service, also maintain an attitude of unlimited disinterest.**

Today, BapDada, was seeing all the children everywhere who are *double* masters. Firstly, you are the masters of all the Father's treasures, and secondly, you are the masters of self-sovereignty. All the children have received the authority from the Father to be both masters. You are the children and the masters. You said "My Baba" and Baba said "My children". So you have both the experiences of being the children and the masters.

Today, BapDada *checked* the effort of all the children. So, tell Baba what He would have seen? Each one of you can ask yourself: What is my effort? Seeing all the children, BapDada was pleased, but the Father has one hope. Should Baba tell you what that is? You will fulfil the Father's hope, will you not? Baba has only one hope, should He tell you? Those who will fulfil that hope, raise your hands! Very good. It is a small hope, and it is that from today, you change one word. What word is that? The word that repeatedly brings you down is "reason". Transform this word "reason" and always adopt the word "solution" because what is the service that you are doing now? Finding a solution to the reason for the problems of all the souls of the world and, as soon as you find a solution, you have to take them to the land of liberation because all of you are the bestowers of liberation. So, since you are the ones who will give liberation to others, you will find a solution to all your reasons because only then will you be able to give liberation. Only then will you be able to send them to nirvana. So, is it easy or difficult to change this one word? Think about it!

Today, BapDada wants all the children who have come here and all those who are watching and listening at their own places to change one word because "reason" brings you down. You have been living with "reason" for half the cycle, and it is now time to find the solution; nirvaran (solution) and nirvana (Land beyond sound), liberation. So, today, do you have the courage to give this? It is the *last turn*, is it not? All of you have come with zeal and enthusiasm and BapDada is congratulating each and every one. There is difficulty sleeping and feeding everyone, but everything is done with love. The *plane* of love made all of you reach Madhuban. Seeing each one's love, BapDada is giving each one multimillionfold love from the heart. However, what do you do out of love? Whomever you love, out of that love, you would give a gift to that one. So, today, BapDada wants to take this word "reason" as a gift from you. You are going to fulfil this hope of BapDada, are you not? Raise your hands again! Are you going to leave it here? As soon as you go out of these *gates*, the word "reason" should finish. Even if it comes by mistake, it is something valuable you have entrusted to the Father. So what would you do with something you have entrusted to someone? Would you claim it back? So, have all of you had this determined thought? Have you? Have you? Raise your hands once again! Those sitting at the back, wave your hands! Achcha. Very good. Because, now, according to the time, there will be a *queue* in front of you. Why will there be a *queue*? "O bestowers of liberation, give us liberation!" So, bestowers of liberation who are to give this, only when you first become free from this one word "reason", will you be able to give liberation.

BapDada wants this year's *homework* to be that you become liberated and grant liberation because, day by day, problems are going to increase a lot. So, the problems should change into the form of solutions. Now, your time and effort should not be used for finishing problems. Can you not hear the call of your devotees and the call of time? So, now, according to the time, what transformation is essential? Now, each one of you has to become an experienced image and definitely give one or another experience. So, Baba now wants the faces and activity of all of you to be so clear as to show that you are children of the Bestower of Liberation who will give liberation. From your forehead they should have the experience of sparkling stars; not just by relating knowledge to them, but they should experience this from your face because experience brings them close. So, show them this experience through your face and activity; just as instruments of *science* enable them to have experiences – now that it is the season of hot weather, science enables you to experience heat and cold. Since the instruments of *science* make you experienced, then can the *power of silence* not give you the experience of power? So, BapDada now wants the children to remain stable in the stage of that experience and give the experience of one or another power through your eyes and your forehead. Whatever they hear, they like it at the time of hearing it, but then, when any obstacle comes, they forget it. However, an experience is not forgotten for life.

BapDada saw one reason. Baba saw the *result* too. Seeing one *result*, Baba gave many, many congratulations. Which *result*? Until now you have had good zeal and enthusiasm for service. So, BapDada

is giving congratulations – you are increasing service and also making good *plans*. You receive the *result* according to your capacity, but, in order to give an experience, you will have to pay *attention* to yourself. Your service is now getting well known. People become happy and nowadays, their *interest* is growing. So, what is the method to give an experience? It is that together with zeal and enthusiasm, to the extent that you have enthusiasm, to that extent you now have to have an attitude of unlimited disinterest according to the time. If someone is becoming a problem in your effort, the reason for that is the lack of an attitude of unlimited disinterest. Now, unlimited disinterest is needed. Unlimited disinterest lasts all the time. If it happens according to the time, then time becomes *number one* and you become *number two*, which means that time enabled you to have disinterest. Unlimited disinterest continues all the time. On one side are zeal, enthusiasm and happiness and on the other side is unlimited disinterest. What is the reason for not having unlimited disinterest all the time? BapDada has seen that the reason for that is body consciousness. The word “body” is used with many things. For instance: relations of the body, possessions of the body, sanskars of the body. The word “body” is included with everything, but what does body consciousness specially come in? Until now, BapDada has *checked* that the main reason that brings you from soul consciousness into body consciousness is that the old sanskars bring you down. You have finished the sanskars, but, even now, one sanskar or another still continues to work in the form of *nature*. The *nature* of body consciousness has become *natural*, but the *nature* of soul consciousness has not become *natural* in the same way. You say that you have finished it but you have not completely burnt the seed. This is why when the time comes the sanskars of the consciousness of the body *emerge*. So there is now a need to destroy the *nature* of consciousness of the body and its progeny with the *power* of a *powerful* soul-conscious stage, because children say that although they don’t want it to, it sometimes emerges. Why does it emerge? Because there is still a trace of it, its progeny emerges. So there is now a need to become the form of power and the basis for this is to *check* the self to see whether the old sanskars of consciousness of the body still remain in the form of a trace; and that will finish with the attitude of unlimited disinterest. Seeing and hearing about the *service*, BapDada is pleased, but the Father’s desire now is that people should now be able to see the sparkle and spiritual intoxication of *service*. They have an experience through service. In the same way there should be the impact of an attitude of unlimited disinterest because, nowadays, your praise will increase with the service. Matter will become your servant. They will have an experience from you. The facilities will increase, but from having an attitude of unlimited disinterest, there will be a *balance* between the facilities and spiritual endeavour. Just as you give householders the example that while doing everything you have to be karma yogis and remain like lotus flowers, in the same way, as you serve everyone and receive all facilities, there will be a *balance* between the facilities and the spiritual endeavour. So, nowadays, there has to be this *addition*: with service, there is a need for an attitude for unlimited disinterest. As you walk and move around, they should experience you to be special souls. Not just at the time of sitting in yoga or at the *time* of giving lectures, but as you walk and move around, they should experience peace, power and happiness from your forehead because the times are now changing.

BapDada has already given signals from time to time, but today, BapDada is specially signalling you towards the attitude of unlimited disinterest. For that, *check* yourself and the obstacle of body consciousness to your becoming soul conscious. You experience many types of body consciousness – you have to transform that. And, secondly, also think about your long period of time. There has to be the practice over a long period of time. Effort over a long period of time brings the reward over a long period of time. If you pay less *attention* over the long period of time now, you will not be able to accumulate over a long period of time in the final moment; the *board* of “*too late*” will be put up. That is why BapDada is giving *homework* for next season. This body consciousness becomes the reason for all problems and the children are then also entertaining, and so they reassure the Father by saying that they will be fine on time. BapDada asks: Is time your *teacher*? If you become ready on time, then who is your *teacher*? Would you like it if time, your

*creation*, becomes your *teacher*? This is why you have to bring time close. You are the ones who are going to bring time close. You are not going to be dependent on time. Do not make time your *teacher*.

So, today, BapDada is giving this signal again and again: *Check* yourself! Repeatedly *check* yourself and then change yourself! The transformation over a long period of time enables you to claim a right to the reward over a long period of time. So, even if you have been a slack effort-maker until now, the Father has love for even the *last* numbered child. It is because He has love that you belong to the Father. You have recognized the Father. You say, “My Baba” and this is why you must not leave it to time. That time will not come. You have to bring about the time for completion. All of you are companions in BapDada’s task for world transformation. The Father alone will not carry out the task. He needs the company of the children. The Father says: First, the children. The children are at the front. So, if you definitely want to come here next season, then you will get your *homework* done, will you not? Will you do it? Yes, raise your hands! Achcha. Those who are sitting at the back are also waving their hands.

Those who have come for the first time, those who have come to meet BapDada for the first time, stand up! Look, half the *class* are those who have come for the first time. Those who are standing at the back, raise your hands! Stand up and see! All those who have come for the first time, BapDada is giving you congratulations for the *birthday* and the new birth. People say hundreds of thousand-fold greetings whereas the Father says: Multimillion times greetings. And, to those who have come recently, BapDada gives a *chance* and that *chance* is: If those who have come recently make intense effort, then BapDada and the *drama* can give them the chance of “*Last so fast and fast so first*” and give them a *number*. You have a *chance*. Become a *chancellor*. You will just have to pay *attention*.

To all the children from everywhere who are seated on the Father’s heart-throne and the throne at the centre of the forehead and also the ones who are seated on the future royal throne, to such long-lost and now-found children of BapDada, multimillionfold fortunate children, to those who always give the experience of spirituality through their eyes, to those who always have the fortune of happiness on their faces, to those whose minds are always dancing in happiness, anyone who comes in front of you should experience there isn’t this type of happiness anywhere else, and they learn this lesson from here and then go back. In this way, every child of the Father is giving the experience of the Father through the self, and the introduction through words. However, to all the children who give a vision of the Father through their eyes and face, to all such children from everywhere who have sent letters and *e-mails*, all of them have reached BapDada. All of them reached BapDada the moment you sent them. Compared to those who are sitting in front of Baba now, your remembrance reached BapDada the moment you sent it. Therefore, many, many congratulations. BapDada is giving all the children from this land and abroad the *response* to the love from their heart. So, to all the children from everywhere, BapDada is giving multimillionfold love and affection from the heart and saying Namaste to everyone. Achcha, whose *turn* is it?

**Eastern Zone, Nepal, Tamil Nadu (Bengal, Bihar, Orissa, Assam):** (Teachers are wearing a crown.) Achcha. Other *zones* have been *added* to this *zone*. Those from Nepal only, raise your hands! Those from Chennai, those from Tamil Nadu. It is good. All together they are called the *Eastern Zone*.

Congratulations to the *zone*. Just look at everyone. So many of you received a *chance* to serve the yagya. You enjoyed it, did you not? Did you enjoy it? By serving the yagya, you accumulate more than a thousandfold charity. So, all of you who were instruments to serve with a true and big heart, have accumulated more than a thousandfold charity. It is good. The number that has come is good, but now definitely do something new. Achcha. BapDada is giving multimillionfold congratulations to everyone, to all those who have come in this *zone*, to each and every fortunate soul. Achcha.

**Double foreigners:** (There are 300 brothers and sisters from 40 countries). Are you foreigners? But, who is the greatest Foreigner of all? BapDada is an even greater Foreigner than all of you. He comes from so far away. The distance that you come from can be measured, but can you calculate the distance that the Father comes from? How long does it take you to come to this land from abroad? And how much time does it take BapDada to come? There is a wave of service and self-transformation abroad. Achcha.

**Message from Dadi Janki:** Our Baba is wonderful and Baba's children are wonderful. Seeing Baba as our constant Companion and recognizing time while being a detached observer, we have the aim that the whole world recognizes our Baba. Baba fulfils this desire of us children. Baba gives us children so much zeal and enthusiasm in order to bring about world transformation through our own transformation. Zeal, enthusiasm and happiness are our nourishment. Remain happy and be prosperous. Let no one remember the things of the past. Keep your fortune so awakened that it continues to do the same for others. Today, we heard the elevated versions spoken by our sweet Baba. Baba gave congratulations so many times. Baba says: Children. And children say: My Baba, sweet Baba, lovely Baba, thank You Baba. Today, I am also congratulating those of the Eastern Zone who are ready for service with a lot of love from my heart.

**Nirwairbhai:** Seeing Dadi Janki in the midst of all of us, seeing her along with BapDada, our heart bubbles with happiness. Dadi Janki's courage, zeal and enthusiasm are her biggest treasures which keeps her flying endlessly. Dadi always stays in the flying stage, and along with Hansaben, continues to fly, sometimes to one place, another time to another place. Just recently Dadi visited Hong Kong. We are also very grateful to Dadi Gulzarji because it is through her that BapDada has enabled all of us souls – all of Baba's children in this land and abroad, new and old – to become stable in our self-respect and shown all of us the path to become great. Today, on hearing the murli, I was feeling so intoxicated as though Baba was speaking the murli to us today. I would also like to give many, many thanks from my heart to Dadi Gulzar, Neeluben and the residents from the Gamdevi centre. Now, the cold weather is about to finish, Dadi, please come to Madhuban – all of us are waiting for you.

Today, BapDada asked us to reveal Baba's form through our eyes, face and behavior, and the basis for that, as Baba shared, is to have a determined thought in your heart: I definitely have to follow Baba's shrimat 100%. So, all of you will follow it, will you not? Achcha.

**\* \* \* O M S H A N T I \* \* \***