

For June 03, 2015

Smriti or to Remember

Sweet child, the rain of knowledge is for those who are with the Ocean of Knowledge. You are with the Father, are you not? Although you may be abroad or somewhere else, you are in His company. You do remember Him, do you not? The children who remain in remembrance of Him are always with Him. Children, continue to remember the one Father. This is the mantra that disciplines the mind.

Sweet Baba, during the course of the day I will reaffirm the awareness that you are showering me with knowledge. The rain of your knowledge cleanses and purifies the soul. Baba, your rain of knowledge sustains my spiritual life. It helps me grow the garden of my virtues. Beneath your rain of knowledge, I remember you constantly, disciplining my mind.

Samarthi or Power

I constantly plug myself into the power that is received from the above smriti. I become aware how my smriti is recharging my self-respect. I pay attention to how my smriti is giving me strength and is allowing me to operate with equanimity and patience in an ever-changing world.

Mano-vritti or Attitude

Baba to Soul: Nowadays, many people, who claim to be such-and-such an incarnation, have emerged. This is why there are so many obstacles in the establishment of truth. However, it is remembered: "The boat of truth may rock, but it will never sink." You children have now come to the Father. Therefore, you should have so much happiness in your hearts.

I maintain an attitude of stability today. I understand that the boat of truth may rock, but it will never sink. This understanding sustains my inner steadiness and calmness. With an attitude of stability, I don't allow storms of Maya to twist and turn my boat of truth. I nourish my attitude of stability with the joy of knowing that I have come to Baba.

Drishti or Pure Vision

Baba to Soul: The Father, the Resident of the faraway land, has come to give you children all the knowledge of the faraway land. You know that our Baba comes from the faraway land and enters this one. This is a foreign land and a foreign kingdom. I keep the Soul World and sweet Baba, the Resident of the Soul World, in my drishti today. With my mind's eye, I repeatedly see how Baba comes from the faraway land into this foreign land.

Creating a Wave

I will do mansa seva and be part of creating a beautiful wave of pure remembrance and attitude spanning the whole globe during the 7:00pm to 7:30pm meditation. I will engage the smriti, manovritti, and drishti from above and give sakaash to the whole world as a humble instrument.