

For June 08, 2015

Smriti or to Remember

Sweet child, don't even look at anyone's name or form. Even though you see this one with your eyes, there should be the remembrance of the ONE Father in your intellect. You have been given the third eye so that you only look at the Father and remember Him alone. Continue to renounce body consciousness. While looking at everything, your intellect's yoga should be connected to your Beloved. Continue to grind the word "Baba" inside you very well. Constantly repeat "Baba, Baba" throughout the whole day.

Sweet Baba, during the course of the day, I will have only You in my awareness. I will walk with You, sit with You, eat with You, work with You, and rest with You. At every opportunity, I will chant Your name in my heart. Whomever I see, I will go beyond their name and form and remember only You. O Beloved, You appear before me. When I remember You, You come to me.

Samarthi or Power

I constantly plug myself into the power that is received from the above smriti. I become aware how my smriti is recharging my self-respect. I pay attention to how my smriti is giving me strength and is allowing me to operate with equanimity and patience in an ever-changing world.

Mano-vritti or Attitude

Baba to Soul: In order to be a constant yogi, transform any limited consciousness of "I" and "mine" into an unlimited one.

I am determined to adopt the unlimited attitude of a true yogi. I feel very light – nothing is mine. Baba, you have given me all that I have. I go beyond the subtle bondage of “I” and “mine” so that the old world can end and the new world arise. My only thought is: I am a soul and Baba is mine. With this thought, I remain a constant yogi with an unlimited attitude.

Drishti or Pure Vision

Baba to Soul: Children are interested in doing service. They meet together and take advice from one another and then go out to do service to make people’s lives become like diamonds. This is an act of such great charity. In order to become like a diamond, simply remember the Father.

In my drishti today, I keep only the flawless diamond-like qualities of myself and of each soul I meet. This is an act of such great charity – to make others and myself into flawless diamonds and to see others and myself as flawless diamonds.

Creating a Wave

I will do mansa seva and be part of creating a beautiful wave of pure remembrance and attitude spanning the whole globe during the 7:00pm to 7:30pm meditation. I will engage the smriti, mano-vritti, and drishti from above and give sakaash to the whole world as a humble instrument.