

For June 10, 2015

### Smriti or to Remember

Sweet child, everything for you Brahmins depends on silence. Those people try so hard to go high up there with the power of science. That is called going into the depths of science. You are now going into the depths of silence on the basis of shrimat. They have science, whereas you have silence. You children know that you souls are yourselves embodiments of silence. You take bodies just to play your parts. No one can live without performing actions. The Father says: Consider yourself to be a soul, separate from that body, and remember the Father and your sins will be absolved.

Sweet Baba, during the course of the day I will reaffirm the awareness that originally, I am an embodiment of silence. I remember I am a soul, separate from this body, and I remember You in our Home. This acts is an entry point into silence. I stay in this experience of sweet silence for extended periods of time during the day.

### Samarthi or Power

I constantly plug myself into the power that is received from the above smriti. I become aware how my smriti is recharging my self-respect. I pay attention to how my smriti is giving me strength and is allowing me to operate with equanimity and patience in an ever-changing world.

### Mano-vritti or Attitude

Baba to Soul: The Father says: Remain busy in service. Start an exhibition in every home. There is no greater act of charity than

this. There is no other charity as great as that of showing the way to the Father.

I am determined to have an attitude of serving. I will serve souls by showing them, in whatever way I can, how to connect with Baba. This attitude of service makes me a charitable soul.

### Drishti or Pure Vision

Baba to Soul: May you be truly loving and co-operative and burn the Ravan of waste while wearing the armor of humility.

I maintain humble drishti today. I don't see anyone's weaknesses. Even when someone defames me or insults me, I remain humble. My drishti of humility cools the fire of conflict. I see everyone as loving and cooperative.

### Creating a Wave

I will do mansa seva and be part of creating a beautiful wave of pure remembrance and attitude spanning the whole globe during the 7:00pm to 7:30pm meditation. I will engage the smriti, mano-vritti, and drishti from above and give sakaash to the whole world as a humble instrument.