

May 14, 2015

## Smriti or to Remember

Sweet child: Always remain aware that you are neither male nor female, but souls, that you are claiming your inheritance from the senior Father (Shiv Baba) through the junior father (Brahma). This awareness removes your awareness of Ravan's devilish things. When you have the awareness you are all simply children of the one Father, your awareness of devilish things will end. This is a very good way to remain pure. However, a lot of effort is required for this.

Sweet Baba, during the course of the day I will reaffirm the awareness: I am becoming worthy by giving myself the tilak of self-sovereignty through following shrimat. I understand that as a soul, I am completely full of all virtues.

## Samarthi or Power

I constantly plug myself into the power that is received from the above smriti. I become aware how my smriti is recharging my self-respect. I pay attention to how my smriti is giving me strength and is allowing me to operate with equanimity and patience in an ever-changing world.

## Mano-vritti or Attitude

Baba to Soul: This one (Brahma) is an effort-making student. You too are students. This one also studies; he too stays in remembrance of the Father. There is so much happiness on seeing the picture of Lakshmi and Narayan because that is what he is going to become. You too, have to become princes and princesses of heaven. This is Raja Yoga. This is your aim and objective.

I am determined to have an attitude of learning and to explore the concept of divinity in order to make my behavior royal. An attitude of learning puts me in a place of inquiry from where eternal truths are revealed.

## Drishti or Pure Vision

Baba to Soul: There is total darkness in the world. There is so much falsehood. Who makes the world into the land of truth again? Only you know this. And, you can see the ONE with the eye of the soul.

I am determined to remove darkness and falsehood with the eye of the soul. I will discriminate between virtue and vice; and will discern the varying shades of illusion.

### **Creating a Wave**

I will do mansa seva and be part of creating a beautiful wave of pure remembrance and attitude spanning the whole globe during the 7:00pm to 7:30pm meditation. I will engage the smriti, mano-vritti, and drishti from above and give sakaash to the whole world as a humble instrument.