

For June 19, 2015

Smriti or to Remember

Sweet child, May you be greatly fortunate and experience the subtle region and the three worlds with the power of being viceless.

Sweet Baba, during the course of the day I will traverse the three worlds. Having all relationships with You enables my thoughts to reach You in the subtle region. I connect with You in the subtle region and fill myself with power to become free from the vices.

Samarthi or Power

I constantly plug myself into the power that is received from the above smriti. I become aware how my smriti is recharging my self-respect. I pay attention to how my smriti is giving me strength and is allowing me to operate with equanimity and patience in an ever-changing world.

Mano-vritti or Attitude

Baba to Soul: When you start to love a friend, you remember her all the time. Then, you find it very difficult to break that string (of attachment). Then, you ask: Baba, what is this? Oh! But why did you trap yourself in someone's name and form? First, you become body conscious. Then, your past karmic accounts deceive you. The Father says: Don't let your intellects be pulled to whatever you can see with your eyes.

I am determined to adopt an attitude of self-sovereignty. I release myself from any strings of attachment and with the attitude of a sovereign; I detach myself from everything I see around me.

Drishti or Pure Vision

Baba to Soul: Baba further advises you: Keep a photograph (in your pocket) of yourself sitting on a throne with a crown and you will be able to remember how you are changing from what you are into that. The more you look at that photograph, the more remembrance you will have. Then, you will become attached to it.

I take a mental snapshot of my future form, crowned and seated on a throne. I preserve this snapshot in my drishti today. I see myself as a noble, royal being and remember Baba who makes me so.

Creating a Wave

I will do mansa seva and be part of creating a beautiful wave of pure remembrance and attitude spanning the whole globe during the 7:00pm to 7:30pm meditation. I will engage the smriti, manovritti, and drishti from above and give sakaash to the whole world as a humble instrument.