

For May 20, 2015

### Smriti or to Remember

Sweet child: I am called the Purifier. He remains so simple and explains: I am the Father of all the sages etc. I am also the Father of every single soul, even Shankaracharya etc. Of course, the fathers of their bodies are physical, but I am the Father of all souls. I am now sitting here personally in front of you.

Sweet Baba, during the course of the day I will reaffirm the awareness that I am sitting in front of You. You are my Father and Purifier. I will become soul conscious, remember You, and follow Your shrimat.

### Samarthi or Power

I constantly plug myself into the power that is received from the above smriti. I become aware how my smriti is recharging my self-respect. I pay attention to how my smriti is giving me strength and is allowing me to operate with equanimity and patience in an ever-changing world.

### Mano-vritti or Attitude

Baba to Soul: Do not think that it is this Brahma who is telling you these things. Always consider it to be Shiv Baba who is telling you. You have to have regard for Shiv Baba.

I tune my attitude filled with regard and respect towards BapDada and remember how much Brahma Baba is encouraging

me on my spiritual journey. I listen with humility knowing Shiv Baba is teaching me.

### **Drishti or Pure Vision**

Baba to Soul: There are many children who come and continue to say, "Shiv Baba, Shiv Baba." Then, their final thoughts will lead them to their destination. A kingdom is being established.

I remember that a kingdom is being established. I see everyone with understanding and compassion. While keeping the destination in my drishti, I look at the various parts souls around me are playing as a detached observer.

### **Creating a Wave**

I will do mansa seva and be part of creating a beautiful wave of pure remembrance and attitude spanning the whole globe during the 7:00pm to 7:30pm meditation. I will engage the smriti, mano-vritti, and drishti from above and give sakaash to the whole world as a humble instrument.