

For June 21, 2015

Smriti or to Remember

Sweet child, while carrying out a task, you would never forget the One who has given you that task. Even if you may be doing something physical, that physical service is a task given to you by God. Therefore, while doing any physical service, remain aware that the Father gave you that direction directly; that you are doing it according to the Father's directions and you will then never forget the Father.

During the course of the day I will constantly consider myself a helper of God. In every action I perform, I will remember that the highest-on-high Father has given me this task to perform. This awareness of being Your helper helps me to easily and naturally remember You.

Samarthi or Power

I constantly plug myself into the power that is received from the above smriti. I become aware how my smriti is recharging my self-respect. I pay attention to how my smriti is giving me strength and is allowing me to operate with equanimity and patience in an ever-changing world.

Mano-vritti or Attitude

Baba to Soul: All of you living leaves are being moved directly by the Father at this time. The Father's direction is: The Father's thought should be your thought. You should be so light in every thought that, if the Father makes you have a thought, then you will do so; you will move along as He makes you move.

I am determined to adopt an attitude of being a soft leaf in the hands of God. With this attitude, my thoughts are like Baba's thoughts. When I adopt this attitude, Baba takes all my burdens. I become light and gain strength from Baba. Sweet Baba, however you want me to move and whatever you want me to do, I will do it.

Drishti or Pure Vision

Baba to Soul: So, the food for your intellect is pure thoughts. You have promised that you will eat whatever Baba gives you to eat, and so why do you take the food of waste thoughts? Your mouth is not allowed to eat anything impure, so how can you allow your intellect to eat the impure food of wasteful or sinful thoughts. Therefore, by constantly remembering this promise for your mind and intellect, you will become an easy yogi.

I purify my drishti, together with my mind and intellect, I see and accept only pure things from my surroundings. I transform everything I see into something spiritual and beneficial. By this method, I become an easy yogi and a constant yogi.

Creating a Wave

I will do mansa seva and be part of creating a beautiful wave of pure remembrance and attitude spanning the whole globe during the 7:00pm to 7:30pm meditation. I will engage the smriti, manovritti, and drishti from above and give sakaash to the whole world as a humble instrument.