For May 28, 2015

## Smriti or to Remember

Sweet child, Body consciousness is also a very strong form of ego. When you consider yourselves to be souls, there can be a lot of love for the Father. Ask yourself: Do I become a thorn by having arrogance of the body? By forgetting that you are souls, you have forgotten the Father. Our Baba is here. He makes you children belong to Him. This too is your great fortune. We now have to return Home with the Father. Therefore, we have to remember the Home.

Sweet Baba, during the course of the day I will reaffirm the awareness that I have to return Home with You. I came bodiless to this world and I must return bodiless. Therefore, why should I remember any bodily beings? Baba, I have so much love for You. I am a bodiless soul and You are my sweet, lovely Baba. You have personally come to make me Your own. I feel ecstatically fortunate.

## Samarthi or Power

I constantly plug myself into the power that is received from the above smriti. I become aware how my smriti is recharging my self-respect. I pay attention to how my smriti is giving me strength and is allowing me to operate with equanimity and patience in an ever-changing world.

## Mano-vritti or Attitude

Baba to Soul: This is the predestined drama from which no one can be liberated. Whatever you see, for instance, a mosquito flying, it will fly in the same way after a cycle. A very good intellect is needed to understand this. The shooting of this drama continues to take place. This is the field of action. You come here from the supreme abode to play your parts.

I am determined to have an attitude of detachment. I'm watching the filming of this unlimited movie with an attitude of disinterest. I remember that this body is my costume and has been loaned to me by Baba. Baba is filling these old costumes with strength, empowering them to serve the whole world. It is the Father's responsibility and not mine. The ONE Director who makes everyone move, also moves me. This consciousness helps me develop an attitude of unlimited detachment while playing my part in this field of action.

Drishti or Pure Vision

Baba to Soul: It is only by coming to know the Father from the Father that you can claim the Father's inheritance. Everyone receives his inheritance from the unlimited Father. There isn't a single soul who doesn't receive his inheritance.

Every soul is my brother. Everyone is receiving an inheritance from Baba. I keep this in my drishti today while remembering that I claim my inheritance from Baba and from no one else.

## Creating a Wave

I will do mansa seva and be part of creating a beautiful wave of pure remembrance and attitude spanning the whole globe during the 7:00pm to 7:30pm meditation. I will engage the smriti, manovritti, and drishti from above and give sakaash to the whole world as a humble instrument.